

Sri
MANAKULA



VINAYAGAR

Medical College and Hospital

GALAXY 22'

Dr. KAGNE. R.N
DEAN
SRI MANAKULA VINAYAGAR
MEDICAL COLLEGE & HOSPITAL
K. THEERTHALKUPPAM,
PUDUCHERRY-605107.

GALAXY 22'

15th ANNUAL SPORTS MEET

“Sports pertains to any form of competitive physical activity or game that aims to use, maintain, or improve physical ability and skills while providing enjoyment to participants and entertainment to spectators”

GALAXY is the annual intra-collegiate sports and athletic meet , organised by the students runs from the funds allotted by the management.

The 15th Annual sports meet of **GALAXY 22'** began on August 18, 2022 and ended on September 22, 2022 with full enthusiasm and sportsmanship. A core team was formed, led by Sanjeeve Kumar R (2019 batch) , Deepa Shri R (2019 batch) and K Guruprakash (2019 batch) ,under the guidance of Sports Committee as a first endeavors which further led to formation of volunteers groups which was responsible for the success of the event.

After 2 long years of conducting GALAXY , the students were overjoyed to participate and showcase their talents in sports. The sports was open to all students of batches 2017, 2018, 2019, 2020 and 2021.

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SPORTS COMMITTEE:

Dr. Shivayogappa S Teli , Professor and Head, of Physiology	Chairperson
Dr. Sanjay P, Professor and Head, of Dentistry	Member
Dr. K. V.P. Suriyakumari, Professor and Head, of Anatomy	Member
Dr. Sunil S Shivekar. Assoc. Prof. of Microbiology	Member
Dr. Karthik Ragupathy, Assoc. Prof. of Dentistry	Member
Mr. Balakrishna Pai.R , Asst. Prof. of Biochemistry	Member
Dr. R. Ganesh, Tutor of dentistry	Member
Mr. Murugan, Project Engineer	Member
Mr. N. Mahesh Babu, Maintenance Engineer	Member
Mrs. A. Jayanthi, Lab Technician, Physiology	Member
Hostel Warden (Girls)	Member
Dr. S Rajaguru , Physical Director	Secretary

ORGANISING MEMBERS:

Sanjeeve Kumar R	3 rd Year MBBS
Deepashri R	3 rd Year MBBS
Guruprakash K	3 rd Year MBBS

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ORGANISING TEAM



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The organising batch of 2019 , led by Sanjeev Kumar R , Deepashri R , Guruprakash K with the help of 34 batch mates who had volunteered to conduct various events. The volunteers were divided into various teams and were responsible for the various wings of GALAXY 22'. The wings included Game volunteers, Refreshment team, Compeering Team , Certificate and Trophy team, Technical Team.

EVENT VOLUNTEER:

1. YAMUNA SHREE S
2. SOWMYA M
3. KEERTHIVASAN A
4. SARANRAJ S T
5. AASHISH CAROL SAFIN V
6. RAJASEKARAN D
7. RUDRAPRIYAN D
8. KAVIYARASAN K
9. MANOBALAN S
10. MOHAMMED ANJAL HISAM
11. NASHAR SHARAF ALI
12. SHAZIN MUHAMMED
13. MOHAMMED AQEEL K P
14. KAPILAN A
15. S R HEMA CHANDRAN
16. RETHINASESHAN R
17. HARISH M
18. NIHIL KUMAR R
19. THAMIZHARASAN P
20. LEELAKRISHNA V
21. SARGURURAJ E
22. SANJAY SHARMA S
23. NITISH BADRINATH K
24. YUVAPRAKASH R
25. NIKHIL SURESH


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REFRESHMENT TEAM:

1. SIBI SANDILYAN S S
2. ASMITAA S
3. NEYA K
4. DEIVANAI M

MC TEAM:


1. HARITHA R

CERTIFICATE AND TROPHY TEAM:

1. E RETHANYAA
2. RASIKA K
3. RITHVIKA MD
4. RUBASREE K

TECHNICAL TEAM :


1. NIHIL KUMAR R



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EVENT



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The various events conducted included :

For MEN :

Cricket 11's
Cricket 6's
Volleyball 6's
Volleyball 3's
Basketball 5's
Basketball 3's
Football
Futsal
Kho kho
Badminton
Table tennis
Chess
Carrom
Athletics

For WOMEN :

Cricket 6's
Volleyball 6's
Volleyball 3's
Basketball 5's
Basketball 3's
Throwball
Futsal
Kho kho
Badminton
Table tennis
Chess
Carrom
Athletics



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RULES AND REGULATIONS



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GENERAL RULES AND REGULATIONS

1. Sportswear is compulsory for cricket, volleyball, badminton, table tennis, basketball, football and throw ball.
2. Players must report to the match venue 15 minutes before the match time, failing in which their participation will be cancelled.
3. Players must follow the rules and regulations.
4. The decision of the officials is final.
5. A player violating the sportsmanship or rules and regulations will be taken seriously on the report submitted by the referee and the issue will be informed to the director.
6. Entries should be given to
-SANJEEVE KUMAR R (2019 BATCH) - 7868937020
-DEEPA SHRI R (2019 BATCH) – 9786765456
7. Last date for the entries (games) – 12/08/2022
8. Winners of games events of Galaxy 2020 will enter semifinals directly.
9. Students must have minimum 75% attendance in theory/ practical/posting.


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INDIVIDUAL GAME RULES

CRICKET (MEN)

- One team per year
- 16 members per team (11 main + 4 sub)
- **12 overs per innings / First 3 overs powerplay**
- 2 bowlers can bowl maximum of 3 overs
- **FINALS – 20 overs per innings / First 6 overs powerplay**
- Bowlers can bowl maximum of 4 overs
- Umpires decision is final

CRICKET 6'S (MEN & WOMEN)

- One team per year
- 7 members per team (6 main + 1 sub)
- 6 overs per innings
- Wide and No ball – Two runs
- Umpires decision is final

FOOTBALL (MEN)

- Maximum players – 15 (11 main + 4 sub)
- Each games consists of **2 halves of 15 mins each (15-3-15)**
- 3 sub change in match
- Card system will be followed
- Standard football rules apply
- Referee decision is final
- In case of drawn matches, one point is given to each team in league matches.
Penalty shoot out in knock out matches.


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FUTSAL (MEN AND WOMEN)

- Maximum players – 8 (5 main + 3 sub)
- Each matches consists of **two halves of 7 minutes each (7-3-7)**
- Ball raise is not permitted. Goalic throw has to be pitched.
- In case of drawn matches , Penalty shoot out is followed .
- Referee decision is final

BASKET BALL (MEN & WOMEN)

- Maximum Players –
 - 3'S – 5 (3 main +2 sub)
 - 5's – 10 (5 main + 5 sub)
- **3's -2 quarters of 7 mins each (7-2-7) (Boys & Girls)**
- **5's - 4 quarters of 7 mins each(7-2-7-2-7-2-7) (Boys) / 4 quarters of 5 mins each (5-1-5-1-5-1-5) (Girls)**
- 5 fouls per quarter system followed.
- Standard basketball rules followed
- Referee decision is final
- Sports wear is compulsory for women in match.

VOLLEY BALL (MEN & WOMEN)

- Maximum Players –
 - 3'S – 5 (3 main + 2 sub)
 - 6's – 10 (6 main + 4 sub)
- **3 sets of 25 points each (Boys) / 3 sets of 15 points each (Girls)**
- Point rally system followed
- Standard volleyball rules followed
- Referee decision is final

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THROWBALL (WOMEN)

- Maximum players – 12 (9 main + 3 sub)
- **3 sets of 15 points each**
- Point rally system followed
- Referee decision is final

KHO-KHO (MEN AND WOMEN)


- Per team one year
- Maximum players – 12 (9 main + 3 sub)
- Each innings **7 minutes**
- Referee decision is final

BADMINTON (MEN & WOMEN)

- Singles and doubles matches will be conducted for both men and women
- Men and women will have **15 points per game**
- **FINALS- 21 points 3 sets**
- Matches will be conducted on rally points
- 10 participants per year for singles
- 5 team per per for doubles
- Matches will be conducted on knockout basis
- **First round & Second round matches will be conducted on single set only**
- Referee decision is final

TABLE TENNIS (MEN & WOMEN)

- Singles and doubles matches will be conducted for both men and women
- Men and women will have **3 sets of 11 points each**


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- 10 participants per year for singles
- 5 team per year for doubles
- Matches will be conducted on knockout basis
- Referee decision is final

CHESS (MEN & WOMEN)

- Men and women matches will be conducted separately
- Matches will be conducted on knockout basis
- 10 participants per year
- Match duration will be **30 minutes**
- Arbiter decision is final


CARROM (MEN & WOMEN)

- Men and women matches will be conducted separately
- Matches will be conducted on knockout basis
- 10 participants per year for singles
- 5 teams per year for doubles
- **First and second round matches will be conducted with one board match**
- Umpire decision is final



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EVENT SUMMARY



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