



# NSS UNIT SMVMCH

NSS Unit of SMVMCH, Officially started to function in 2016-2017 academic year as self-financing unit for 50 students.

In the year 2018-2019 we were awarded permission for another 50 students under government financed scheme.

Total strength of NSS Unit:100

Program officer: Dr Reena Mohan, Assistant professor, Department of Community Medicine (from 2023)

## Events conducted and participated by the NSS unit during

2022 –2023

Sl. No.	Event	Student participants	Date
1.	National nutrition week celebration- food exhibition	60	23 <sup>rd</sup> September 2022
2.	World Mental health day awareness program	30	10 <sup>th</sup> October 2022
3.	Eye screening camp for world diabetes day	120	14 <sup>th</sup> November 2022
4.	Menstrual hygiene health education program for school students	20	7 <sup>th</sup> December 2022
5.	Health education program on Leprosy	23	20 <sup>th</sup> Jan 2023
6.	Cancer awareness program for self help women group	40	13 <sup>th</sup> Feb 2023
7.	Awareness program on Hand hygiene	24	7 <sup>th</sup> March 2023
8.	House to house case finding activity for TB	134	April 8 <sup>th</sup> & 22 <sup>nd</sup> 2023
9.	Personal hygiene awareness program	33	10 <sup>th</sup> April 2023
10.	Medical camp for tribal community - World Health day celebration	20	20 <sup>th</sup> April 2023
11.	Clean up campaign for Malaria day	30	24 <sup>th</sup> April 2023

Dr. KAGNE. R.N  
DEAN

SRI MANAKULA VINAYAGAR  
MEDICAL COLLEGE & HOSPITAL  
KALITHEERTHALKUPPAM,  
PUDUCHERRY-605107.



	Clean up campaign for National Dengue and Malaria day	33	3 <sup>rd</sup> May 2023
13.	Awareness program for World Hand Hygiene day	23	5 <sup>th</sup> May 2023
14.	Awareness program for World Hand Hygiene day	40	9 <sup>th</sup> May 2023
15.	Health education for National dengue day	33	16 <sup>th</sup> May 2023
16.	'Solutions for plastic pollution' awareness program for World Environment day	34	13 <sup>th</sup> June 2023
17.	Health education for World Environment day through rally and skit	40	19 <sup>th</sup> June 2023
18.	Awareness program on World blood donor day	30	14 <sup>th</sup> June 2023

*Reena Mohan*

**Dr. REENAA MOHAN**

Regd. No: 103033

ASSISTANT PROFESSOR

Department of Community Medicine

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Kalitheerthalkuppam, Puducherry-605 107.

*Kagne R.N*

**Dr. KAGNE. R.N**

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11	Clean up campaign for Malaria day	30	04 - April 2023
10	World Health day celebration	20	20 - April 2023
9	Medical camp for tribal community - for TB	13	10 - April 2023
8	Home to home case finding activity	150	April 10 to 12 2023
7	Awareness program on Hand hygiene	24	27 - March 2023
6	Cancer awareness program for self help women group	40	17 - Feb 2023
5	Health education program on Leprosy	23	30 - Jan 2023
4	Menstrual hygiene health education program for school students	30	December 2022
3	Eye screening camp for world diabetes day	150	17 - November 2022
2	World Mental health day awareness program	30	10 - October 2022
1	National nutrition week celebration food exhibition	30	10 - October 2022

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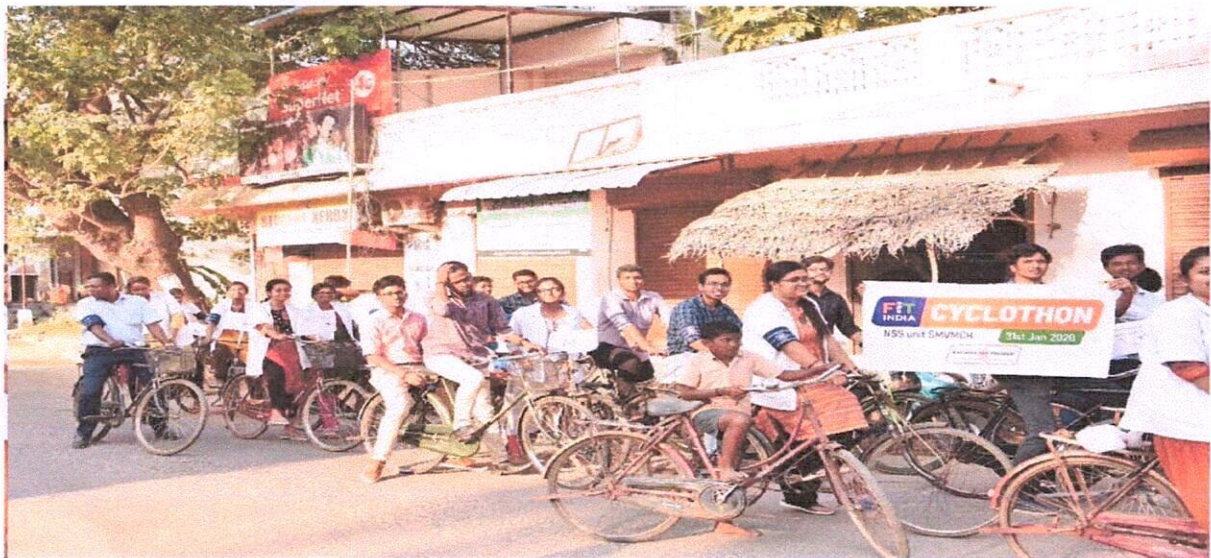




## NSS UNIT SMVMCH

Date: 20.04.2022

As a part of NSS activity, 'World Environment day' awareness program was conducted on 10 June 2022. 10 km ride, advocating the mantra of "Let's Cycle for a Healthy Living." students were having placards with key message.



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NSS UNIT 2210



Date: 20-04-2022

As a part of NSS activity, World Environment Day awareness program was conducted on 10 June 2022. In this regard, advocating the theme of "Let's Live for a Healthier Living", students were



DR. RAJESH R.N.  
DEAN  
MAHAKULA VINAYAGAR  
MEDICAL COLLEGE AND HOSPITAL  
POOJAH, KANNUR DISTRICT  
KERALA

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# NSS UNIT SMVMCH

## DENGUE AWARENESS PROGRAMME 2022

Timing: 10.30 am-11.30 am

Team members:

Dr. Sowbarnika Vaishnavi.B (PG)

Dr. Arthi.D (PG)

Dr.Priyanga.D(PG)

Dr. Divyadharshini (CRRI)

Dr. Dinesh Roshan (CRRI)

Mrs. Deva Sundari (MSW)

We conducted stall and awareness programme on Dengue in collaboration with Urban Government primary hospital for National dengue day. The program was conducted for Community people of panampattu village, Villupuram. Urban Government primary hospital MHO Dr. Bala, Health inspector gave a brief note on dengue followed by we doctors gave awareness about the disease and the prevention of dengue. And we concluded the program with distribution of nilavembu kasayam to community people.

Stall on sources of dengue mosquito



Distribution of nilavembu kasayam to community people



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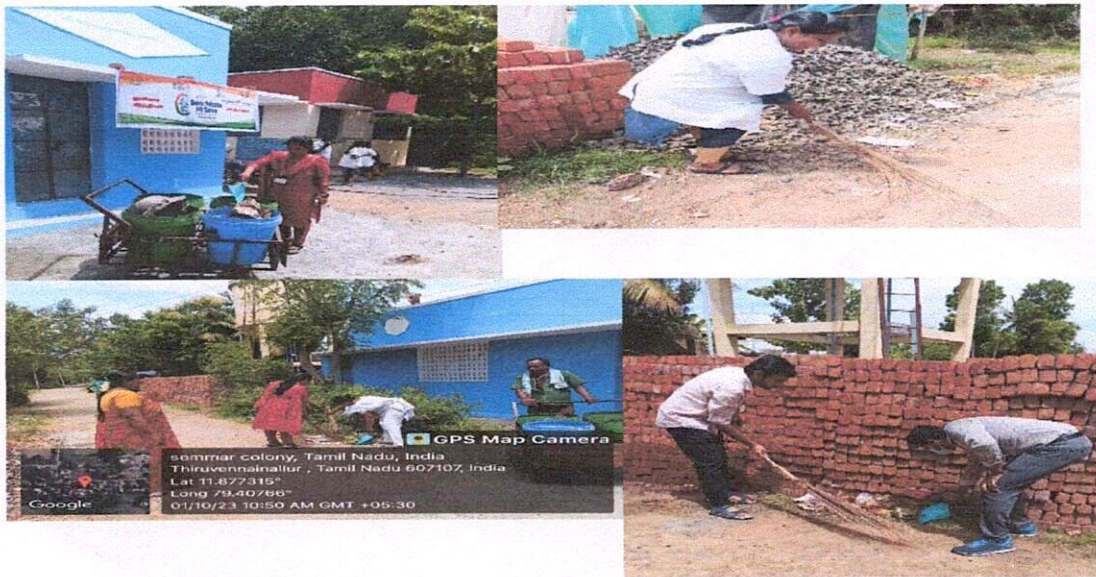




**NSS UNIT SMVMCH**

# Swachhata Hi Seva 2023

As a part of NSS activity, awareness program was conducted on 10 June 2023. Awareness campaign on to promote community participation and to impart concept of Sanitation as everyone's business. The program was conducted by Pgs, medical interns and MSW.



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*Reena Mohan*  
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# NSS UNIT SMVMCH

Date: 08.12.2023

Timing: 09:00 am-10.00 am

As a part of NSS activity, Student Council members actively participated in tree saplings plantation program to aid in climate change action plan.



**Dr. KAGNE. R.N**  
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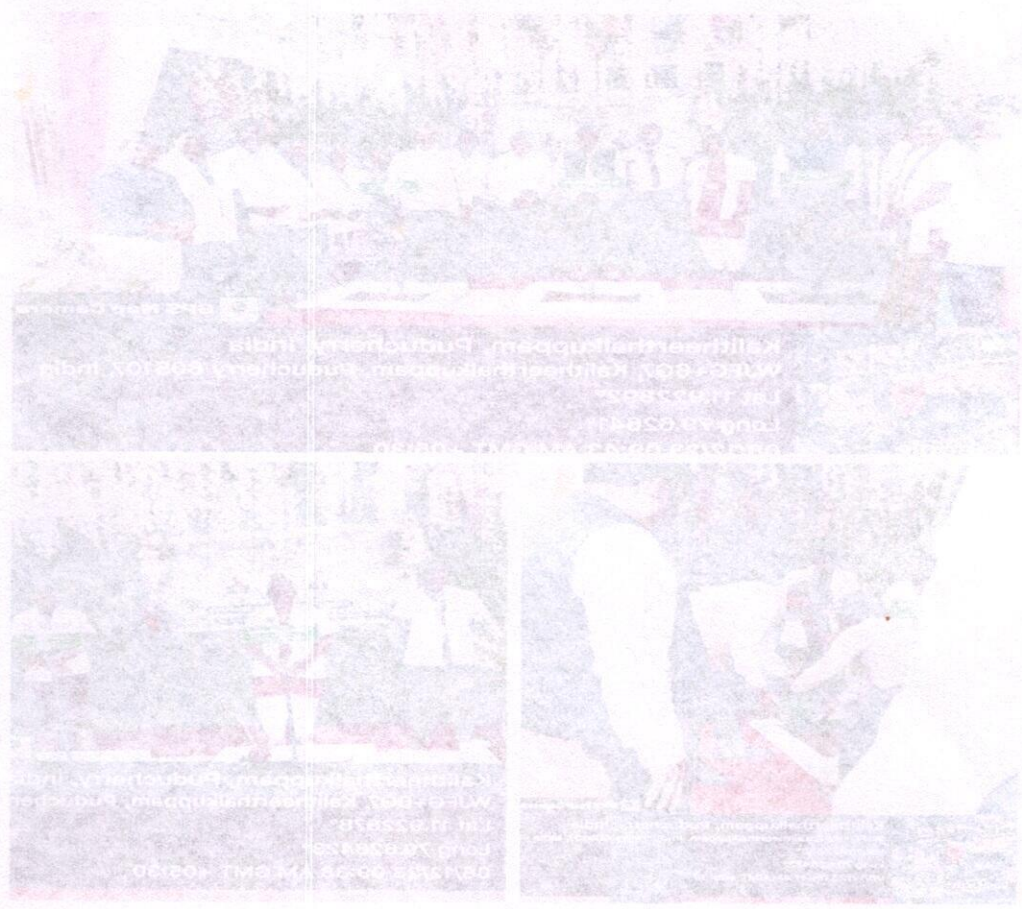
# NSS UNIT 221



Date: 08.12.2023

Time: 09:00 am-10:00 am

As a part of NSS activity, Student Council members actively participated in tree sapling plantation program to aid in climate change action plan.



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DR. KAGNE, R.M.  
Dean  
MAHARAJA VINAYAKA  
MEDICAL COLLEGE & HOSPITAL  
KURKURUM, KURKURUM  
KURKURUM, KURKURUM



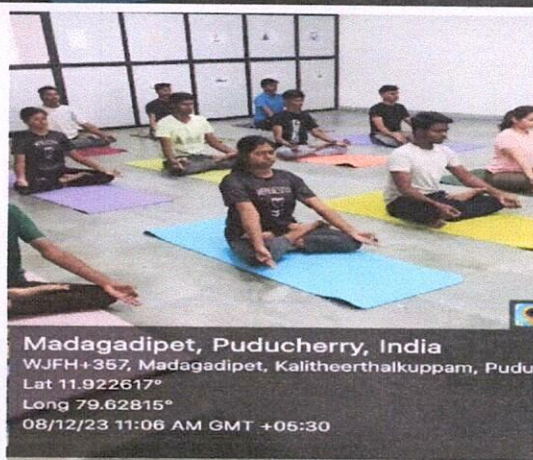
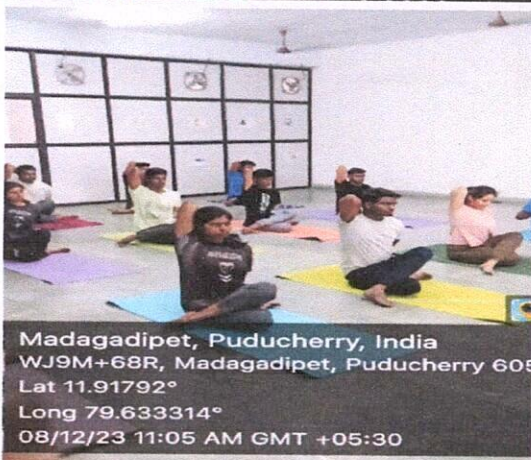
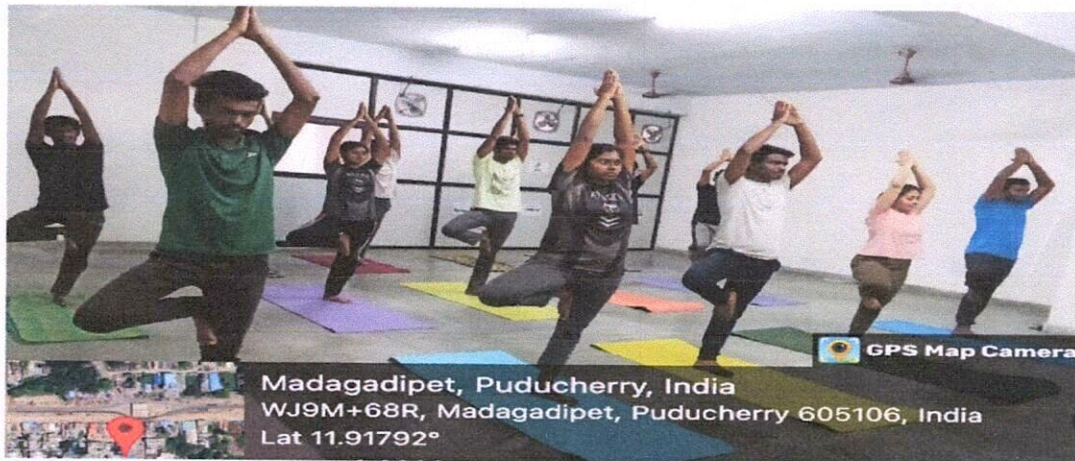


# NSS UNIT SMVMCH

Date: 08.12.2023

Timing: 10.30 am-11.30 am

As a part of NSS activity, Student Council members actively participated in Yoga. As a part of stress management and to improve mental health, impart healthy life.



**Dr. KAGNE. R.N**  
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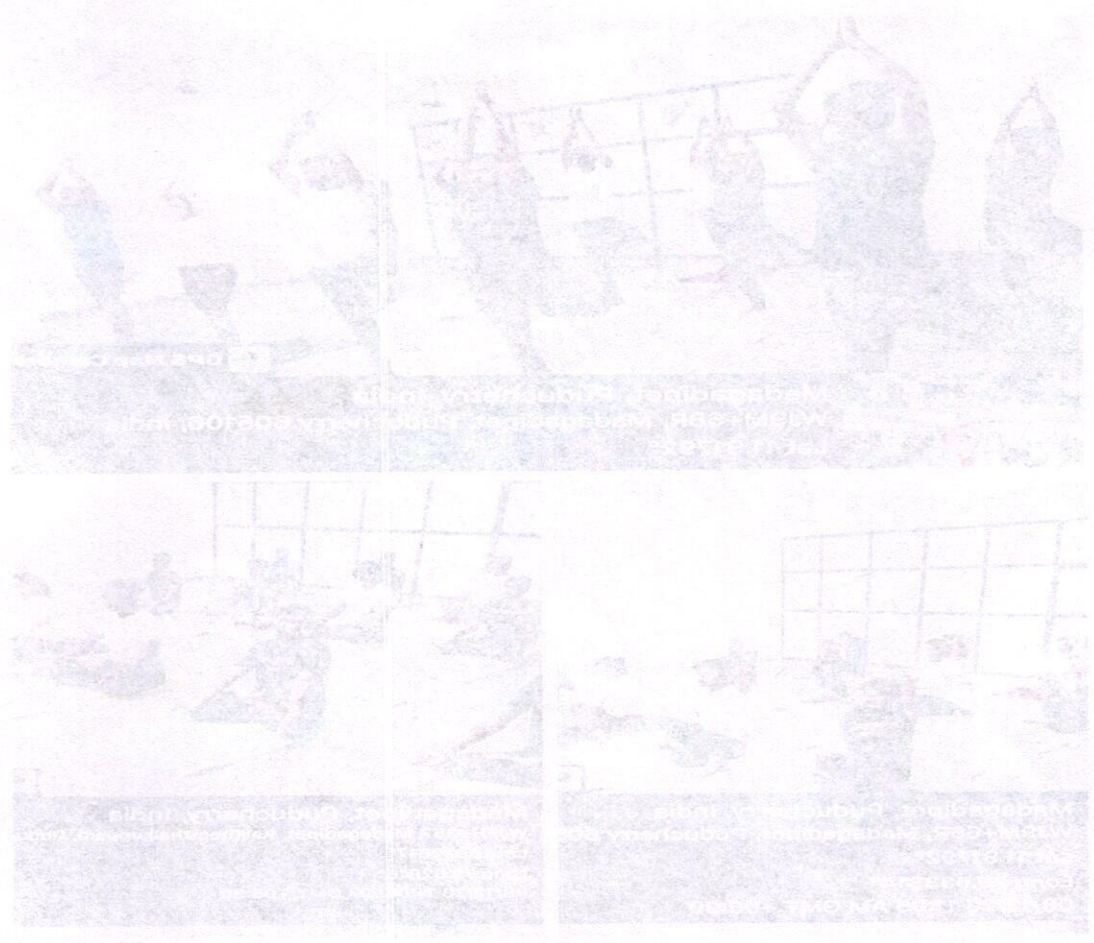
# NSS UNIT 221



Date: 08.12.2023

Time: 10:30 am-11:30 am

As a part of NSS activity, Student Council members actively participated in Yoga. As a part of stress management and to improve mental health, in our healthy life.



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STUDENT COUNCIL  
MAMAKULA VINAYAGAR  
HIGHER SECONDARY SCHOOL  
MAMAKULA VINAYAGAR





## NSS UNIT SMVMCH

Awareness on mosquito borne diseases by students of SMVMCH:- 07/05/23 to 14/05/23

The students were taken to a nearby village of PS palayam to take a survey on knowledge of the people regarding mosquito borne disease and to identify any breeding site present. The survey was carried out in the epicollect app by a questioner type of form

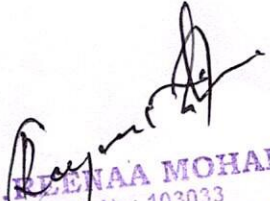
Common causes of breeding:


- #minimum awareness of the people that mosquito can causes dieases
- #improper waste disposal by the villages (throwing waste into nearby areas)
- #religious practices such as keeping cows very near to the house
- # water stagnation is one of the most important causes which was found
- #abandoned kitchen equipment near the house
- #careless human behaviour to keep all the water stored containers unclosed

To reduce the incidence of mosquito breeding many source reduction activities were taken by the students:

- #sand was used to fill the stagnant water on the sides of the roads
- #stagnant water on abandoned vessel on the roads were drained by the students

The villagers took part in the source reduction activities too and reduced the amount of stagnant water

  
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# ISS UNIT SMMVCH

Awareness on mosquito borne diseases by students of SMMVCH - 07/05/23 to 12/05/23

The students were taken to a nearby village of PS patayam to take a survey on knowledge of the people regarding mosquito borne disease and to identify any breeding site present. The survey was carried out in the epicollect app by a questionnaire type of form. Common causes of breeding:

- Minimum awareness of the people that mosquito can cause diseases
- Improper waste disposal by the villages (throwing waste into nearby areas)
- Religious practices such as keeping cows very near to the house
- Water stagnation is one of the most important causes which was found
- Abandoned kitchen equipment near the house
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To reduce the incidence of mosquito breeding many source reduction activities were taken by the students.

Stagnant water was used to fill the stagnant water on the sides of the roads. Stagnant water on abandoned vessel on the roads were drained by the students. The villagers took part in the source reduction activities too and reduced the amount of stagnant water.

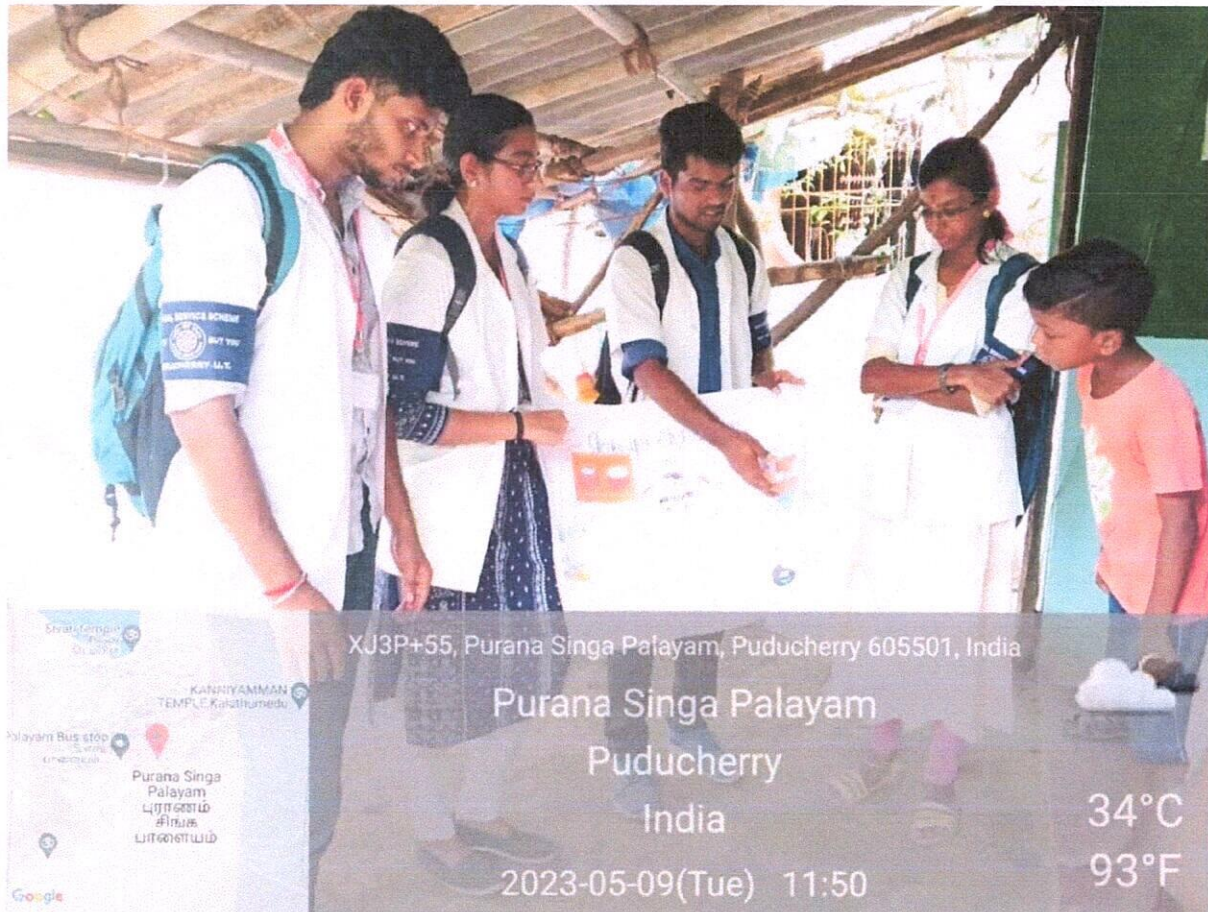
Dr. K. S. R. S. (Signature)

Dr. K. S. R. S. (Signature)

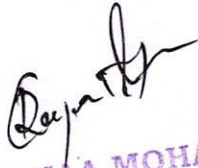
MANAKULA VINAYAGAR  
MEDICAL COLLEGE AND HOSPITAL  
PUDUCHERRY 605006



## Awareness on mosquito borne disease by students of SMVMCH



**Student explaining the modes of transmission of mosquito borne disease from pediatric to old age group**

  
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PUDUCHERRY-605107.



Awareness on mosquito borne disease by students of SMVMCH



Student explaining the modes of transmission of mosquito borne disease form pediatric to old age group

DR. KANAK B. N.  
DR. MANA S. THAKUR  
IN CHARGE  
AT THE  
SMVMCH  
MUMBAI

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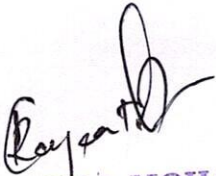




**Dirty mosquito breeding site captured by students**

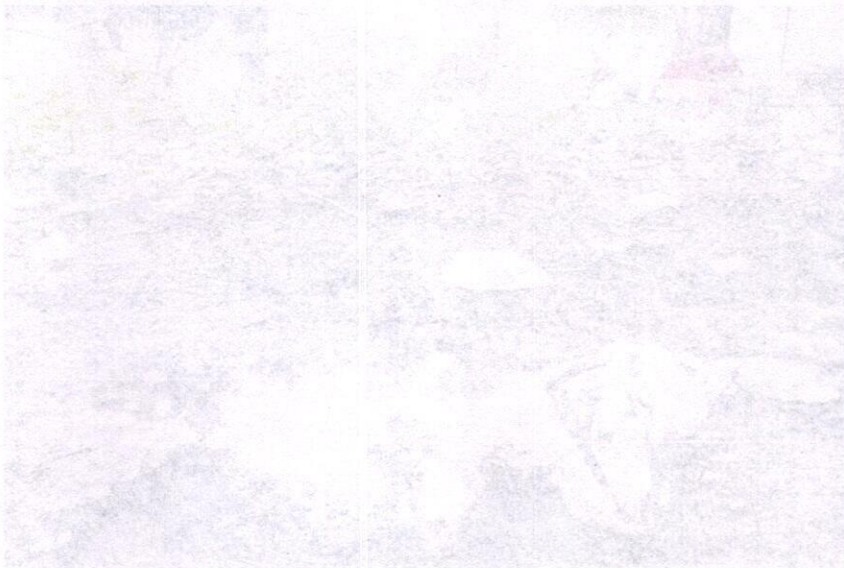


**Efforts made by students to reduce water stagnation( sand has been used in the pic)**

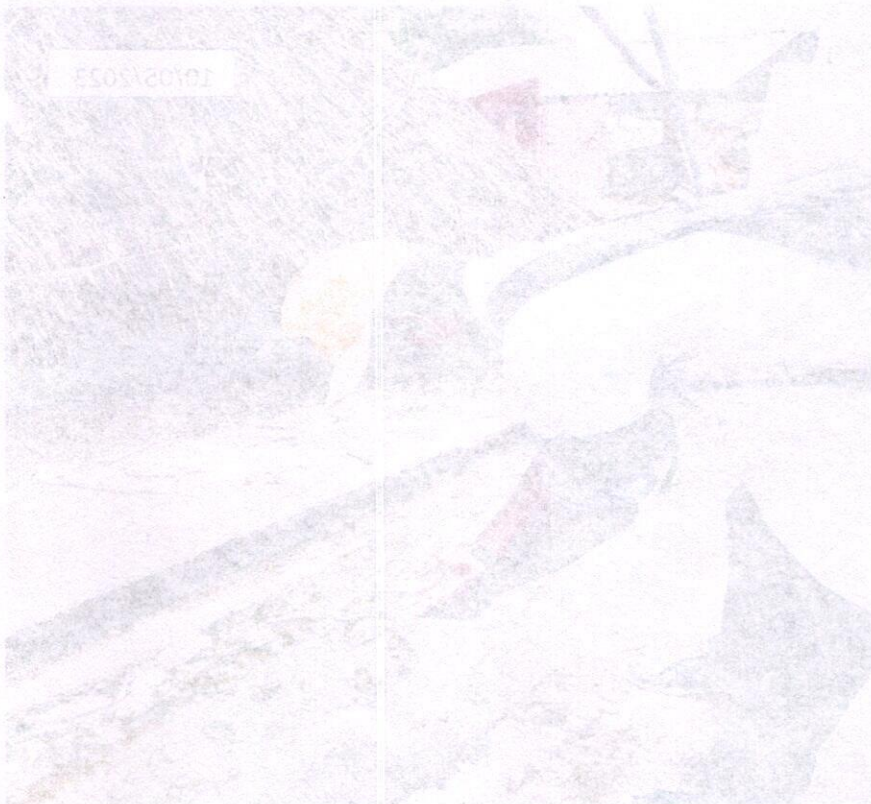
  
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PUDUCHERRY-605107.





Dirty mosquito breeding site captured by students



Efforts made by students to reduce water stagnation (sand has been used in the pic)

DR. RAJESH K. N.  
 DEPARTMENT OF MICROBIOLOGY  
 MEDICAL COLLEGE & HOSPITAL  
 KOLLAM  
 KERALA

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**Providing awareness to pediatric age group to create knowledge about mosquito borne diseases**



**Village members participating in source reduction**

*Dr. R. DEEPA MOHAN*  
**Dr. R. DEEPA MOHAN**  
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**Student spreading awareness by handing out pamphlets**



**Students getting information from the local regarding any mosquito problems in the village**

**Dr. BEENA MOHAN**  
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**Clean water breeding site captured by students**



**More awareness to the villagers in their house**

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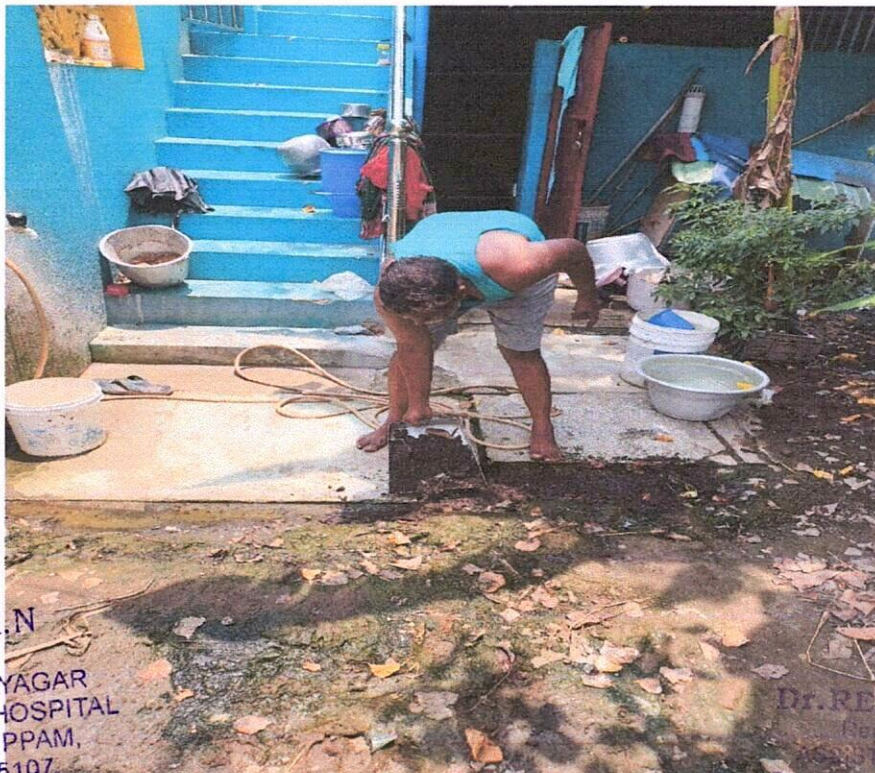








**Student performing source reduction by draining out stagnant water from the container**



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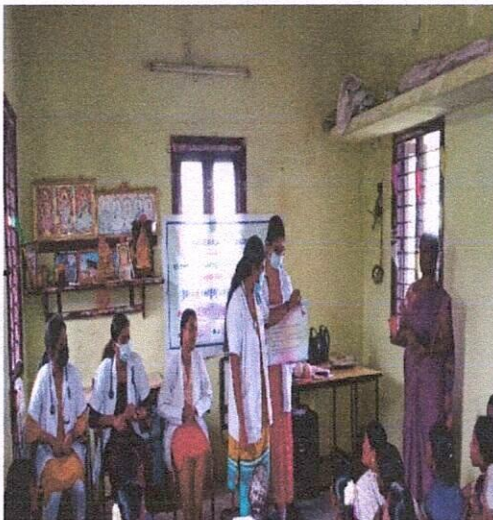


# NSS UNIT SMVMCH

## BREAST CANCER AWARENESS MONTH PROGRAMME 2022

As a part of NSS activity an awareness programme on breast cancer awareness month was conducted by Urban Health Training Centre belonging to the Department of Community Medicine on 19-10-2022 from 10.45am-12.30 pm. The program was conducted for all the female workers in Lotus Bottle company. A speech on Introduction was given by Dr. Aishwarya.B(CRRI). Risk factor was explained by Dr.Aishwarya.R(CRRI).Clinical features was explained by Dr.Priyanga (PG) with demonstration of breast self-examination using breast module. Treatment was explained by Dr.Aarthy(CRRI) and speech on prevention was given by Dr. Arthana (CRRI). We concluded the session by distributing biscuits to the students. Feedback given by the participants are discussed and action has been taken.

Speech by  
Dr.Aishwarya.B(CRRI)



Speech and demonstration using breast module by  
Dr.Priyanga (PG)



**Dr. REEVA MOHAN**

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**WORLD LEPROSY DAY AWARENESS PROGRAMME 2023:**

Date: 13.01.2023

Timing: 10:00 pm-12.00 pm

Team members:

Dr. Priyanga. D ( PG)

Dr. Vasanthi(CRMI)

Dr. Swadha (CRMI)

Mrs. Jayanthi (MSW)

On behalf of NSS activity , Department of Community Medicine, SMVMCH conducted world leprosy day program.Around 40 Community people actively participated in the program. Initially, Non medical social worker explained in short regarding the various stigma of Leprosy. Then history, prevalence of leprosy and theme for world leprosy day was explained by Dr. Priyanga (PG). Causes,risk of transmission and ways through which leprosy is not transmitted was explained by Dr. Swadha (CRMI). Clinical features, management and prevention was explained by Dr.Vasanthi (CRMI). A leprosy treated patient shared his experience throughout the treatment course and also regarding his treatment of complication. At the end of the session , pamphlets and MCR slippers were distributed to the affected patients by the Medical Officer of Thiruvennainallur PHC.

**Photos**

Speech by Dr.Sushmitha (PHC MO)



Speech by Dr.Priyanga.D (PG)



**Dr.REENA MOHAN**

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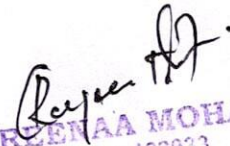



## NSS UNIT SMVMCH

Date: 10.10.2022

As a part of NSS activity, 'World Mental health day awareness program' awareness program was conducted on 10 .10. 2022. Around 20 people from the community participated. Skit was demonstrated on importance of mental health by Pgs, medical interns and nursing students.



  
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# NSS UNIT SMVMCH

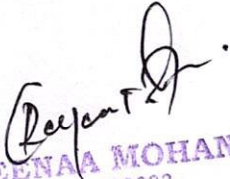
## World Diabetes Day

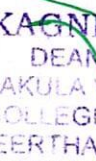
As a part of NSS activity, World Diabetes Day awareness program was conducted by Department of Community Medicine on 14-11-2022 from 10.00 am-12.30 pm. Around 50 people actively participated in the program. A Speech was delivered by Dr. Priyanga D about Introduction and theme of world diabetes day. Clinical features were explained by Dr. Sri ram (CRMI). Complications were explained by Dr. Surya (CRMI). Diabetic diet was explained by Dr. Sumitha (CRMI) and speech on Diabetic foot care was given by Dr. Subpiksha (CRMI). Demonstration of diabetic foot care was done by Dr. Siva Shankar (CRMI). We concluded the session by distributing black chana to the participants. Random blood sugar was tested for around 20 symptomatic patients. Ophthalmic screening was also done by Dr. Indhuja for patients who had symptoms. Feedback given by the participants are discussed and action has been taken.

### Photos

Ophthalmic screening for diabetes



  
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# NSS UNIT SMVMCH



## World Diabetes Day

As a part of NSS activity, World Diabetes Day awareness program was conducted by Department of Community Medicine on 14-11-2022 from 10 am to 12.30 pm. Around 50 people actively participated in the program. A speech was delivered by Dr. P. Vignaraj, D. Sc. on introduction and signs of world diabetes day. Clinical features was explained by Dr. S. S. Kumar (CRMI). Complications was explained by Dr. S. S. Kumar (CRMI). Diabetes diet was explained by Dr. S. S. Kumar (CRMI) and speech on Diabetes foot care was given by Dr. S. S. Kumar (CRMI). Demonstration of diabetic foot care was done by Dr. S. S. Kumar (CRMI). We concluded the session by distributing leaflet about the participants. Random blood sugar was tested for around 30 minutes for the patients. Ophthalmic screening was also done by Dr. Indira for patients who had symptoms. Feedback given by the participants are discussed and action has been taken.

Page No.

Optimizing outcomes for diabetes



Dr. K. R. R. M.  
 Head of Department  
 Department of Community Medicine  
 Mahakula Yinayagar Medical College and Hospital  
 Mysore - 575 001

*Dr. P. Vignaraj*





# NSS UNIT SMVMCH

NATIONAL NUTRITION WEEK CELEBRATION PROGRAMME 2022

Date: 17.09.2022

Timing: 11.15 am-12.15 pm

Team members:

Dr. Aswaathy (AP)

Dr. Priyanga. D(PG)

Dr. Dhivya (CRRI)

Dr. Gayathri (CRRI)

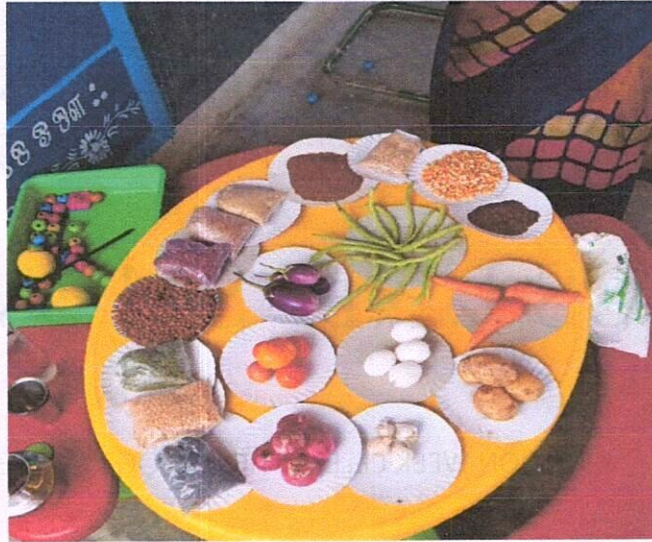
Dr. Geethanjali (CRRI)

Mrs. Deva Sundari (MSW)

On behalf of National Nutrition week along with NSS team, we conducted a programme on national nutrition week based on its theme. The program was conducted for ANC & PNC mothers and adolescent girls. Various vegetables, cereals, pulses, iodized & fortified salt and government issued health mix powder which are used in day-to-day life was kept for exhibition. Dr. Priyanga.D gave a brief speech on theme of National Nutrition week using chart and explained about the nutritive value of each raw ingredients that was kept in exhibition. Followed by this, Dr. Aswaathy gave a detailed explanation on nutritious food for ANC & PNC mothers. Mrs. Devasundari (MSW) gave speech on iodised salt. And we concluded the program with a query clarification session.







Date: 17/09/2022

Timing: 11:30 am - 12:30 pm

Team members:

*Reena Mohan*

**Dr. REENAA MOHAN**

Regd. No: 103033

ASSISTANT PROFESSOR

Department of Community Medicine

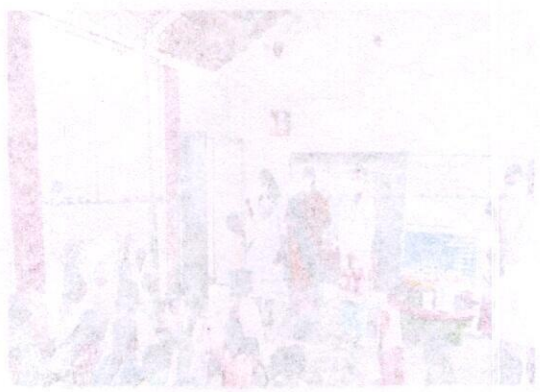
Sri Manakula Vinayagar Medical College & Hospital  
Kalitheerthalkuppam, Puducherry-605 107.

*Kagne R.N*

**Dr. KAGNE. R.N**

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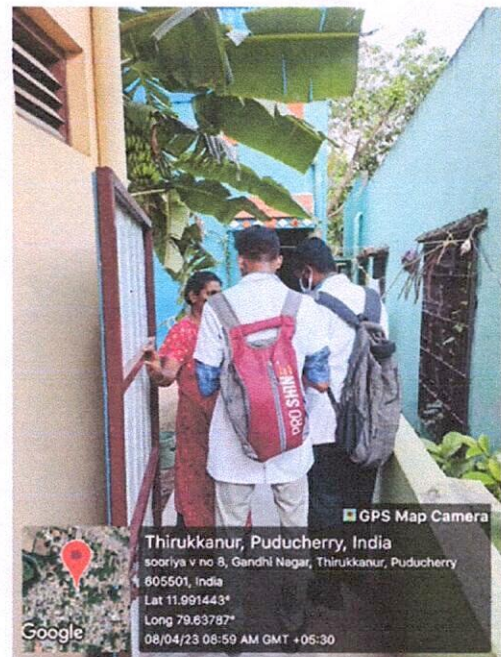
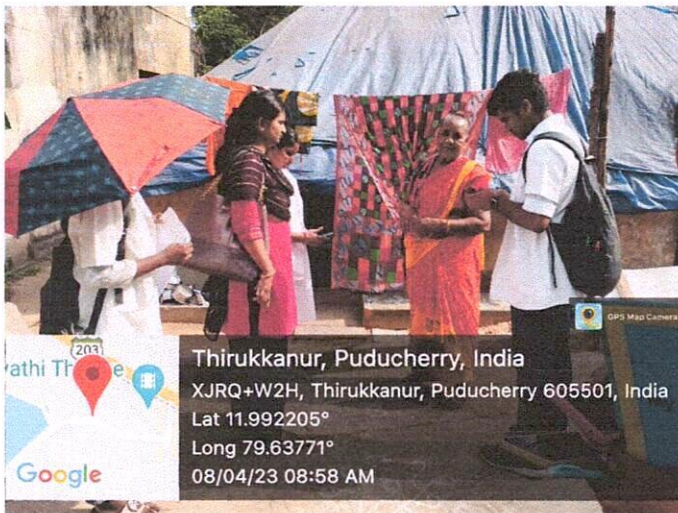


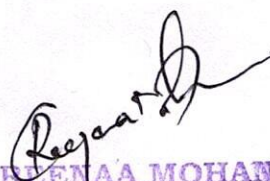
# NSS UNIT SMVMCH


Date: 08.04.2023 & 22.04.2023

Timing: 09:30 am-1.00 pm

As a part of NSS activity, House to house case finding activity for TB was conducted. Active case finding and screening of TB asymptomatic patients through house to house visits.



  
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# NSS UNIT SMVMCH

Date: 14.10.2022

Timing: 11.45 am-1.20 pm

Team members:

Dr. Priyanga. D(PG)

Dr. Amit.K.Prasad (CRRI)

Dr. Aishwarya (CRRI)

Dr.Abidha (CRRI)

Dr. Archana(CRRI)

Dr. Debrup Pal (CRRI)

Dr. Aarthy (CRRI)

Dr. Amirthiya(CRRI)

Mrs. Deva Sundari (MSW)

We conducted a programme in Panchayat Union Primary School , Kappur for Global handwashing day programme. The program was conducted for 50 students of Panchayat Union Primary School , Kappur at Villupuram. Dr. Priyanga.D (PG) demonstrated the steps of handwashing. A skit was performed by Dr. Amit.K.Prasad (CRRI),Dr. Aishwarya (CRRI),Dr.Abidha (CRRI),Dr. Archana(CRRI).Speech on importance of handwashing using



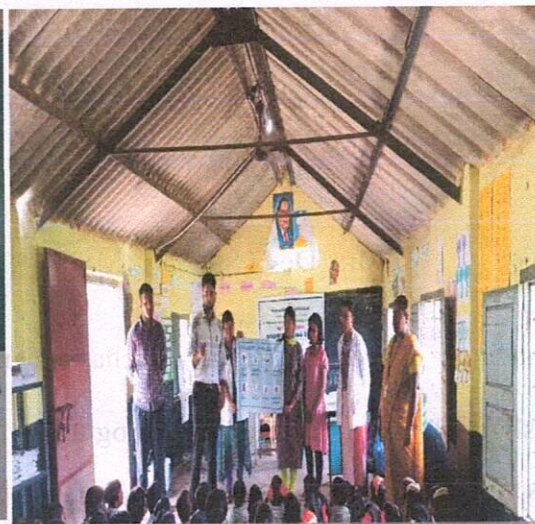
charts was given by Dr. Priyanga.D (PG), Dr. Amit.K.Prasad (CRRI) and Dr. Debrup Pal (CRRI). Students actively participated in the program. We concluded the session by distributing a banner and some sanitizers to the school and had a query clarifying session.

Demonstration of handwashing steps by Dr. Priyanga.D(PG)



Skit by CRRI

Importance of handwashing explained using charts by Dr.Amit



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Student utilising the banner which dissipates the handwashing steps:



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Student utilizing the banner which displays the handwriting report.



DR. KIMBERLY R. JONES  
Principal  
1000 S. 10th St.  
Tulsa, OK 74106  
(918) 492-1234

*Handwritten signature*





# NSS UNIT SMVMCH

## **MENSTRUAL HYGIENE AWARENESS PROGRAMME 2023:**

Date: 07.01.2023

Place: Bonne Nehru school, Thiruvannainallur.

Timing: 02:00 pm-03.30 pm

Team members:

Dr. Priyanga. D ( PG)

Dr. Vishnupriya(CRMI)

Dr. Shiva shankar (CRMI)

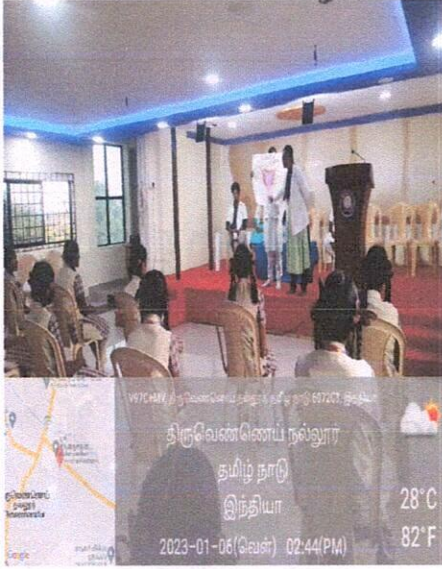
Dr. Vaibhav (CRMI)

Mrs. Jayanthi (MSW)

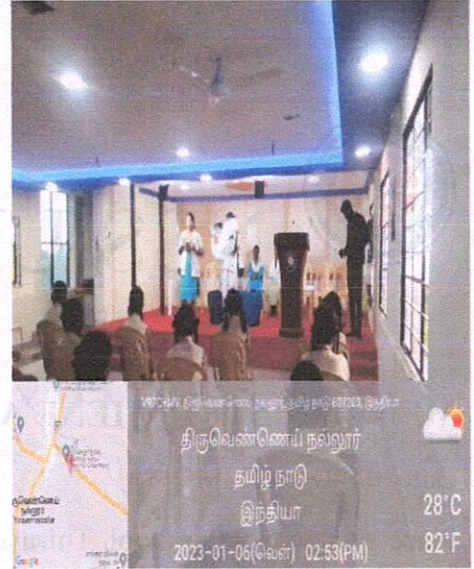
On behalf of NSS activity, We conducted an awareness programme on menstrual hygiene at Bonne Nehru school, Thiruvannainallur. Around 50 students actively participated in the program. Introduction and anatomy was explained by Dr. Priyanga (PG). Menstrual symptoms were explained by Dr. Vishnupriya (CRMI). Menstrual hygiene explained by Dr. Shiva shankar (CRMI). Anemia was explained by Jayanthi (MSW). We concluded the program by having a query clarifying session.



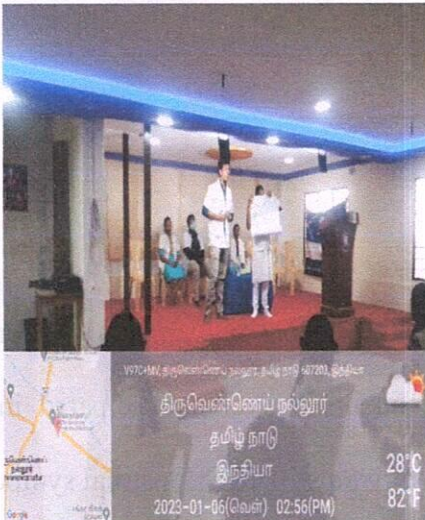
Speech by Dr.Priyanga.D (PG)



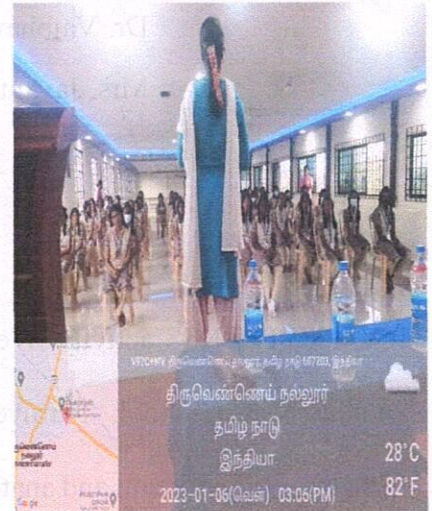
Speech by Dr.Vishnupriya(CRMI)

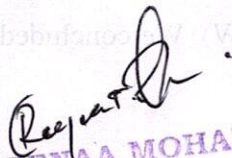



Speech by Dr. Shiva shankar(CRMI)



Speech by Dr. Jayanthi (MSW)



  
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# NSS UNIT SMVMCH

## Hand washing program-2023

Date: 07.03.2023

Timing: 11.00 am-12.45pm

Team members:

Dr. Priyanga. D (PG)

Dr. Munusamy (CRMI)

Mrs. Jayanthi (MSW)

Miss.Ramya (DNA)

Miss.Sugalakshmi(DNA)

We conducted a school health programme on personal hygiene for students of 1<sup>st</sup>-5<sup>th</sup> std of Government Primary school as a part of NSS activity. Initially, a speech on hand washing and importance of hand washing was explained by Dr. Priyanga (PG) and Dr. Munusamy (CRMI). A live demonstration of steps of handwashing was demonstrated by Dr. Priyanga (PG). A competition on steps of hand washing was conducted for students from 1<sup>st</sup>-5<sup>th</sup> std who were interested. Most of the students actively and enthusiastically participated. Three rounds which includes Preliminary, semi-final and final round were conducted and one winner was selected



from each standard .We concluded the program by distributing certificate to the winners and donated liquid hand wash to school. .

Demonstration by Dr.Priyanga.D(Pg)



Prize distribution



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