



# QUARTERLY NEWSLETTER

SRI MANAKULA VINAYAGAR MEDICAL COLLEGE AND HOSPITAL

VOL II - ISSUE 19 • JULY - SEPTEMBER 2024



## WORLD HEAD AND NECK CANCER DAY

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The World Head and Neck Cancer Day celebration was a comprehensive event spanning two days, from July 26 to July 27, 2024.

## WORLD BREASTFEEDING WEEK 2024

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# ANTHROPOMETRIC Data Analysis Workshop



On behalf of Department of community medicine, SMVMCH, Workshop on Mastering Anthropometry Data Analysis was conducted on 5.7.2024 and 6.7.2024. 17 members were participated in the session. On the first day, participants were introduced, and the fundamentals of anthropometry, including Z scores, under nutrition indicators, and growth charts, were covered. This was followed by group activities on growth chart calculations, software installation for WHO Anthro Survey Analyzer, and data preparation techniques. The afternoon sessions focused on interpreting results, group presentations, and generating quality reports.

The second day began with a recap and installation of WHO Anthro Plus software, emphasizing adolescent growth indicators. Participants engaged in further data preparation, interpretation, and public health applications of anthropometry, including literature review and discussion of research articles. The workshop concluded with sessions on integrating anthropometric data with other software tools like SPSS, Jamovi and R and manuscript writing, followed by post-test, feedback, and certificate distribution.



# WORKSHOP ON “LAUNCHING E-COURSE IN MOODLE LMS”

Medical Education Unit - 23rd July, 2024

Madagadipet, Puducherry, India

WJFH+357, Kalitheerthalkuppam, Madagadipet, Puducherry 605107, India

Lat 11.922555°

Long 79.628174°

23/07/24 11:06 AM GMT +05:30

A workshop on “Launching E-Course in MOODLE LMS” was organized by the MEU in collaboration with IQAC on 23rd July 2024 at the first floor own book reading hall, SMVMCH. The workshop was planned with the prime objectives to orient the faculty to the updated version of LMS, new ICT tools that can be utilised for interactive lectures and also to obtain a hands on training on launching E-Course in MOODLE LMS. The program began with an orientation session to LMS by Dr.R.Udhayasankar, Associate Professor, Department of Microbiology, SMVMCH. Later, Dr.S.Arunmozhi, Professor and Head, Department of ECE, Manakula Vinayagar Institute of Technology, Puducherry elaborated on various ICT tools like mentimeter, quizlet and others

for planning interactive lectures.

Dr.Deepika.V, Associate Professor, Department of Physiology explained the process of launching E-Course in MOODLE LMS. The afternoon session was fully dedicated for the hands on training session, where the participants were motivated to do enrollment, adding e-contents, assessments and certificate generation for a course in our institutional LMS.

The mean pre-test and post-test scores obtained by the participants were 6.25 and 8.06 respectively. The participants considered the program interesting and interactive and recommended reinforcement sessions for launching courses in LMS. The program was awarded 2 credit hours by the Tamil Nadu Medical Council.

# FACULTY DEVELOPMENT PROGRAM (FDP) ON “WORKPLACE BASED ASSESSMENT”

The Faculty Development Program (FDP) on Workplace Based Assessment (WBPA) was held on 2nd July, 2024, at the first floor own book reading hall. The workshop aimed to familiarize faculty members with various aspects of Workplace Based Assessment and equip them with skills to design effective assessment programs.

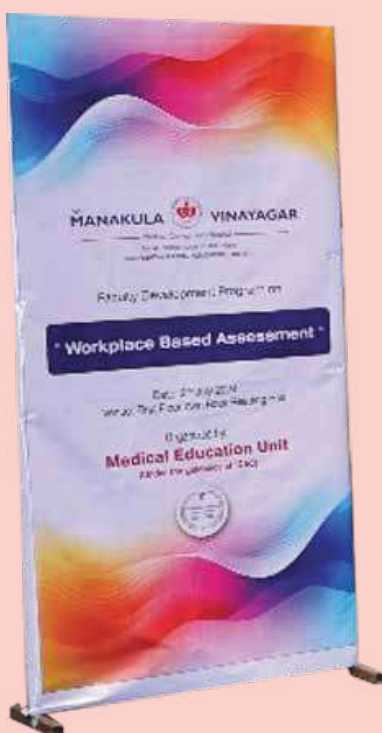


## 1. Introduction and Importance of Workplace Based Assessment:

Dr. V. Murugan, Professor and Head, Department of Community Medicine at MAPIMS, provided insights into the significance of WBPA in educational settings.

## 2. Mini Clinical Evaluation Exercise (mini-CEX):

Dr. G. K. Poomalar, Professor and Head of the Department of Obstetrics and Gynaecology, conducted a session on designing and implementing mini-CEX assessments. The session comprised of a role play depicting the importance of “Workplace Based Assessment”



## 3. Direct Observation of Procedural Skills (DOPS):

Dr. S. Girija, Professor and Head of the Department of General Medicine at SMVMCH, guided participants on the principles and practices of DOPS assessments. The essential resources on DOPS were shared with the participants

**4. Case-Based Discussion:** Dr. T. Preethi, Associate Professor in the Department of Paediatrics at SMVMCH led a session on structuring case-based discussions for WBPA.

**5. Multi-Source Feedback (MSF):** Dr. K. Karthikeyan, Dean Academic at SMVMCH, concluded with a session on utilizing “Multi Sources Feedback” (MSF) for comprehensive assessment strategies.



# Fundamental Skill Development Program STIMULATION CENTER

Department of Nursing

Department of Nursing has successfully concluded its groundbreaking Fundamental Skill Development Program, known as the "Stimulation Center" held on 13 July 2024.

Throughout the program, students engaged in hands-on training in critical procedures, including urinary catheterization, gastrostomy and jejunotomy placements, nasogastric (NG) tube insertion, oxygen administration, intravenous infusion planning, and perineal care. Utilizing cutting-edge simulation technology, the Stimulation Center provided a realistic clinical environment, allowing students to practice these skills safely and effectively.





# World Head and Neck Cancer Day

Department of Otorhinolaryngology



The World Head and Neck Cancer Day celebration was a comprehensive event spanning two days, from July 26 to July 27, 2024. The program included a variety of activities designed to raise awareness about head and neck cancers, promote early detection, and educate participants on treatment options. The event featured an awareness camp, a rangoli competition, a short film competition, and guest lectures.



# WORLD HEPATITIS DAY 2024



On behalf of Department of Community Medicine SMVMCH, under the guidance of RHTC Incharge Dr. Aswathy mam and in consultation with HOD Dr. Premanandh sir; in RHTC “World Hepatitis Day” Celebration - 2024 was conducted regarding the theme in which quiz competition was conducted for a group of 5, consisting of 2 CRMI in each team followed by elocution competition for the staff nurses and health care workers at RHTC Thiruvannainallure. Prizes were given to winners and e-certificates were provided to participants on 25/7/2024.



# WORLD HEPATITIS DAY QUIZ - 2024

Department of General Medicine



On the occasion of world hepatitis day 2024 observed on 28th July , we conducted a Interactive quiz programme on hepatitis for the undergraduate students .The quiz programme focused on this year's theme "ITS TIME FOR ACTION" emphasizing the diagnosis and treatment aspects of hepatitis.

Around 130 students participated in this online quiz programme conducted on 26th July 2024. The quiz program was overseen by Dr. Sadiqa Nasreen, an Assistant Professor in the Department of General Medicine. Following the exam, there was an interactive discussion about Hepatitis.

The student Mr. Hari Sabarish Natarajan secured the first place in the quiz. Gomathi Sankaranarayanan and Mr Hani Abdul Rasheed secured the second and third places respectively. The winners were rewarded was cash and certificates of appreciation.







## Mentoring Session on Angel Investment / VC Funding Opportunities for Early Stage Entrepreneurs

Institution Innovation Council (IIC)

Mentoring Session on Angel Investment, organized by the Institution Innovation Council in collaboration with Saveetha Institute of Medical and Technical Sciences (IIC Mentor Institute), took place on July 24, 2024 (Wednesday) at Lecture Hall - 4. The event saw active participation from 90 MBBS students, 5 Professors, 10 Associate Professors, and 20 Assistant

Professors from various departments. Dr. Deepika V. served as the Organizing Secretary, and Dr. D Beulah David, Innovation Ambassador and Professor at the Department of Quantum Intelligence, Saveetha School of Engineering, Saveetha Institute of Medical and Technical Sciences, Chennai led the session.



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# BASIC ILIZAROV WORKSHOP

## Department of Orthopaedics



The Department of Orthopaedics conducted the “BASIC ILIZAROV WORKSHOP” on 27.07.2024 at Sri Manakula Vinayagar Medical College and Hospital, Puducherry.

The organising chairman of the program Dr. R. Neelakrishnan and Dr. Pragash. M and organising secretary Dr. Probin Joseph and Dr. K. Naveen Kumar. The programme was inaugurated by our Deputy Director & Dean Dr. R. N. Kagne.

80 participants including postgraduates and junior consultants attended the programme. The sessions started with talk on history, basics of Ilizarov instrumentation biology. It was followed

by hands on workshop on bamboo stick by all faculties.

Afternoon session had various talks on proximal tibia fractures, safe zones in tibia by renowned faculties Dr. Vasudevan, Dr. Suresh Gandhi, Dr. Sridhar Dharmalingam, Dr. J.K. Giriraj and Dr. G. Subramanya Gandhi.

Followed by saw bone workshop on proximal tibia fractures. Every participant had an opportunity to actively participate and learn. The discussions were done in detail to impart knowledge to the participants.



## Management Development Program (MDP) on "Enhance & Excel: Crafting Reports, Designing Certificates, and Leveraging LMS"

### Internal Quality Assurance Cell (IQAC)

The Management Development Program (MDP) titled "Enhance & Excel: Crafting Reports, Designing Certificates, and Leveraging LMS" was conducted to provide hands-on training to lab technicians and clerks. The aim was to enhance their skills in report writing, certificate designing, creating flyers and brochures, and effectively using Learning Management Systems (LMS).

The MDP on "Enhance & Excel: Crafting Reports, Designing Certificates, and Leveraging LMS" was a successful initiative aimed at enhancing the skills of lab technicians and clerks. The hands-on training provided practical knowledge and tools that participants can apply in their daily tasks, improving efficiency and productivity. The positive feedback received underscores the program's effectiveness and the participants' eagerness to implement their new skills.





# GENDER EQUITY PROGRAM- ACCESS TO HEALTH FOR ALL

Department of General Medicine

## Topics Covered

“Breaking Barriers: Addressing women’s health issues in India and Advocating for better care”

On July 30, 2024, the faculty of General Medicine at Sri Manakula Vinayagar Medical College in Puducherry organized a talk show for the final-year students of Venkateswara College of Education. The event aimed to raise awareness about women's health issues among approximately 25 female students who participated in the interactive session.

The session began with the Head of the Department of General Medicine discussing the importance of maintaining women's health, using anecdotes to illustrate key points. This was followed by Dr. Meena, a senior resident, who highlighted the prevalence of anemia among women and stressed the importance of self-screening for breast cancer and

regular Pap smears. She also discussed the significance of maintaining menstrual hygiene, scheduling regular health check-ups, and promoting cardiovascular health.

Dr. Meena emphasized the benefits of the HPV vaccine in preventing cervical cancer and other related health issues. The talk show concluded with students providing oral feedback, expressing that they found the health suggestions valuable and were motivated to disseminate the knowledge gained. A vote of thanks was delivered by a senior faculty member from the College of Education, acknowledging the efforts of the organizers and speakers in promoting important health education among the students.

# Next Gen Teaching Excellence: Game Based Learning and Masterful Timetable crafting for Medical Educators

Faculty Development Program, Medical Education Unit



A FDP on “Next Gen Teaching Excellence: Game Based Learning and Masterful Timetable crafting for Medical Educators” was organized by the MEU in collaboration with IQAC on 18th July 2024 at the first floor own book reading hall, SMVMCH. The workshop was planned with the prime objectives to orient the faculty to different strategies of game based learning and to enable them to choose appropriate tool for their routine teaching and learning. Also the FDP was aimed to strengthen the faculty in drafting timetable using GMER 2023 regulations with google sheets as ICT tools. The program began with an ice breaking session for the participants by Dr.K.Soundariya. Later, Dr.M.P.Brundha, Professor, Department of Pathology, Madha Medical College elaborated the participants on the essentials of game based learning. The different kind of games were introduced to the participants, namely “Crazy cards”, “Bingo Puzzle”, “C the I” (Complete the Incomplete) etc. The session was later followed by elaboration of steps in framing the time table and effective usage of google sheets for the implementation of the timetable. The afternoon session was fully dedicated for the hands on training session, where the participants were motivated to prepare resources for the game based learning and also had hands on experience in using google sheets for drafting time table. Dr.K.Soundariya, Dr.V.Deepika and Dr.R.Udhayasankar were the facilitators for the group activity.

The mean pre-test and post-test scores obtained by the participants were 4.91 and 8.17 respectively. The participants considered the program interesting and interactive and recommended conduct of focused workshops on different methods of game based learning. They also recommended a dedicated workshop on drafting time table.



# WORLD ORS DAY – 2024

## Department of Paediatrics

Topics Covered: The symptoms of dehydration, ORS uses, role of Zinc in acute diarrhoea, diet to be given during diarrhoeal illness etc

The festivities kicked off with a mini exhibition on acute diarrhoeal disease, inaugurated by Dean Dr. R. N. Kagne. The exhibition featured informative posters in Tamil about dehydration symptoms and the role of ORS. Around 75 attendees, including local women and families, participated in the event.

A health awareness talk led by Dr. A. Arulkumaran educated the public about ORS, complemented by a demonstration from nursing staff. An MCQ competition followed, with 60 participants vying for prizes.

An online quiz for undergraduate MBBS students attracted 135 participants, while Dr. Giridharan addressed nursing students at Sri Manakula Vinayagar Nursing College, engaging 150 students and faculty in a quiz.

Additionally, Dr. Ezhil Nilavan held a health talk at Thiruvannainallur PHC for about 50 community members. The week concluded with a school health talk at Government High School, where Dr. Arulkumaran and his team educated 180 students on ORS.

# ORTHOTICS AND SPLINTS TRAINING PROGRAM

## Department of Orthopaedics



The Department of Orthopaedics conducted the “ORTHOTICS AND SPLINTS TRAINING PROGRAM” for Interns on 06.07.2024 at Sri Manakula Vinayagar Medical College and Hospital, Puducherry.

50 participants (Interns) attended the programme. The programme was inaugurated by Prof. Dr. M. Pragash, Dr. Naveen Kumar and Dr. Probin Joseph. Dr. V. Vijaya Devagaran, Dr. A.K. Muhamed Raffath, Dr. B. Kishore and Dr. N. Ragul demonstrated the basics of upper limb, lower limb, spine and hand splints application techniques. The discussion was then followed by hands on session where initial demonstration was done by the faculties. During the hands on session every participant had an opportunity to actively participate and learn about the splints and its application techniques. The discussions were done in detail to impart knowledge to the participants. We express our sincere gratitude to everyone who attended the program and made this programme a grand success.





# 3RD SYSTEMATIC REVIEW & META-ANALYSIS HANDS ON TRAINING WORKSHOP

Department of Community Medicine in Collaboration with Global Journal of Health and Scientific Research of SMVMCH conducted a 4 days workshop on Systematic Review and Meta-Analysis (SRMA) workshop . Dr.Jennifer Florence Mary , Assistant Professor from Department of Community Medicine ,MGMC&RI and Dr.Reenaa Mohan , Assistant Professor from Department of Community Medicine , Dr Preethi T, Associate professor, Department of Paediatrics, Dr Suja Xaviour,Assistant Professor, Department of Pharmacology SMVMCH were the resource persons for the workshop. Faculties from various departments like Physiology, Biochemistry,Obsteritirics and Gynaecology, Pharmacology, Community Medicine, Psychiatry and Orthopedics participated in the

workshop. Title selection, Search strategy using PICOT, Articles screening using Rayyan software , Data extraction , Data Analysis in Revman software and SRMA article drafting were elaborated in the workshop. Hands on training for articles searching in PubMed, Google scholar, Cochrane , articles screening using Rayyan , Data analysis using Revman and various checklist for Risk of bias assessment were taught in the program. The participants were divided into teams of two members and were encouraged to draft an SRMA articles at the end of the session.

The workshop is purely hands-on session and outcome of the workshop is to draft SRMA manuscript and submit in indexed journal.



# WORLD BREASTFEEDING WEEK CELEBRATION AUGUST 1-7



On August 5, 2024, the Department of Community Medicine at Sri Manakula Vinayagar Medical College and Hospital (SMVMCH) organized a poster competition for RHTC staff and CRMI, focusing on the theme "Closing the Gap: Breastfeeding Support for All." Under the guidance of RHTC in-charge Dr. Aswathy and HOD Dr. Premanand, the event celebrated the significance of breastfeeding. Winners received prizes from Dr. Aswathy, recognizing their creative contributions.

Following the competition, an awareness program was conducted for antenatal and postnatal mothers at Sirumadurai PHC, reaching 70-80 participants. The session covered essential topics, including the importance of breastfeeding, proper positioning for mother and infant, and complementary foods for infants. Engaging charts and a PowerPoint presentation enhanced understanding, while Anganwadi sisters displayed food items that promote breast milk production.

The session concluded with a Q&A segment, where mothers were rewarded for their participation, followed by refreshments.

On August 7, another awareness program took place at the Anganwadi in Gramam village, educating 30-40 mothers on similar topics. The initiatives underscored the commitment of SMVMCH to promoting breastfeeding awareness and support in the community.

# DOPPLER IN OBSTETRICS



the department of Obstetrics and Gynaecology, conducted a guest lecture on “Doppler in Obstetrics” on 02/08/2024 from 08:30am to 10:30am by DR. SINDHU S., MS, DNB (OG), CUDDALORE, GH in lecture hall 1 at SMVMCH to increase our knowledge regarding this complex topic. Programme was attended by final year MBBS student, faculty and postgraduates of Obstetrics & Gyanecology department.

Dr. Sindhu explained how the competent use of Doppler ultrasound techniques requires an understanding of the hemodynamics within vessels, the capabilities and limitations of Doppler ultrasound, and the different parameters which contribute to the flow display. She described the methodology for obtaining and analyzing flow velocity waveforms from the uterine and umbilical arteries and fetal heart, arteries and veins and explains the physiological changes that occur during pregnancy. Overall the session was comprehensive and informative to all the participants, especially will be of value to those involved in antenatal care and fetal medicine.



# SKIN CARE IN ADOLESCENTS

as a part of Gender equity programme

Department of Dermatology, Venereology and Leprosy



The Department of Dermatology Venereology and Leprosy has organized a CME on the topic SKIN CARE IN ADOLESCENTS as a part of gender sensitization program on 02 nd August 2024 between 11:30 am to 12:30 pm. Guest speaker of the event was Dr.Damayandhi, Associate Professor, Department of Dermatology Venereology and Leprosy Aarupadai veedu medical college and hospital, Puducherry. The event started with a brief introduction about the seminar “Skin care in adolescents” by Dr. Karthikeyan K professor and Head, Dept of DVL SMVMCH.

This was followed by an elaborative talk which covered the basics and up to date aspects of skin care in Adolescents by our guest speaker.

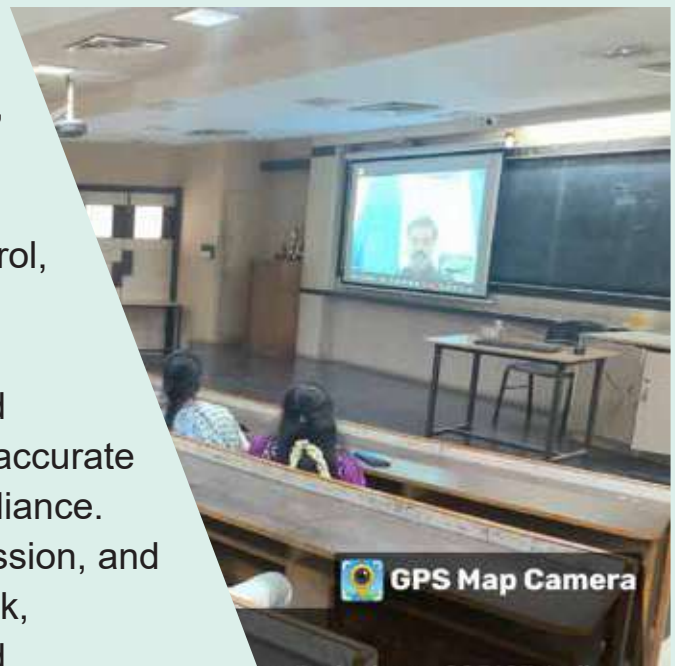
The duration of the CME was 45 minutes. Around 40 Participants attended the CME which included faculties from other specialties, postgraduates from the Department of DVL and undergraduates and CRMI .The session was moderated by Dr.Suganya Assistant professor Department of DVL SMVMCH. The session ended with vote of thanks. At the end of the program google forms were sent to the participants for feedback and an e-certificate of participation was generated.



# WORKSHOP ON GOOD CLINICAL LABORATORY PRACTICES

The Department of Biochemistry at SMVMCH

successfully conducted a workshop on "Good Laboratory Practices," focusing on best practices in laboratory management to ensure accuracy, efficiency, and quality. Dr. Jeyakumar M., Professor & Head of Biochemistry, discussed topics like patient information, pre-examination handling, and data control, emphasizing the importance of communication and sample integrity. Dr. Sivaa R., Professor at PIMS, covered documentation procedures, highlighting accurate record-keeping for traceability and compliance. The workshop concluded with a Q&A session, and participants gave highly positive feedback, appreciating the practical insights shared.



# INTERACTIVE EDUCATIONAL MEETING – PATIENT/STAFF MEET

The Department of Nephrology at Sri Manakula Vinayagar Hospital, Puducherry, hosted another patient-focused educational meeting on 6th August 2024. The session, led by Dr. Thyagarajan Thandavan, CEO of TIDES Institute LLC, provided valuable healthcare insights and engaged patients, caregivers, and staff. Key speakers included Dr. Girija Gopal, Deputy Medical Superintendent, and Dr. Ravikumar, HOD of Nephrology. The triannual meeting fostered open discussions, allowing patients and caregivers to voice their concerns. This initiative promotes a patient-centric model of care, empowering individuals to take charge of their health and enhancing overall patient satisfaction.



# IN-HOUSE TRAINING PROGRAM ON LAB TECHNICIANS

The Central Laboratory conducted an in-house training program on ISO 15189:2022 for 58 lab technicians in two batches, from August 6-9 and August 20-23, 2024, at Lecture Hall II, SMVMCH. The sessions covered key ISO clauses, with Dr. V. Sriram introducing the workshop and discussing Clauses 4.1-5.6. Dr. G. Revathy handled Clauses 6.1-6.8, Dr. M. Jeyakumar covered Clauses 7.1-7.8, and Dr. T. Mangaiyarkarasi concluded with Clauses 8.1-8.9. The training aimed to enhance participants' understanding of ISO standards in laboratory settings.





## SKILL REINFORCEMENT WORKSHOP FOR THE INTERNS ON IV CANNULATION TECHNIQUE

An IV cannulation workshop was held on August 20th and 21st for 128 interns from the 2019 batch to enhance their skills. Dr. Sathiapriya led the session, discussing safe practices, infection prevention, and IV care bundles, along with showcasing the latest IV gadgets. Students practiced on mannequins, and feedback revealed that 33.3% found cannulation very easy, 33.3% moderately easy, 19% rated it mid-range, and 14.3% found it challenging. Instructor guidance was rated as excellent by 57.1%, while 42.9% deemed it adequate. The feedback highlights areas for improvement to better support participants.



# WORKSHOP ON “BLUEPRINTING AND COMPETENCY MAPPING”



Workshop on "Blueprinting and Competency Mapping" successfully enhanced participants' skills in educational assessment and competency measurement, tailored for academic and clinical settings.

Beginning with registration and a pretest to assess initial knowledge, the workshop offered rich educational content. Participants learned about blueprinting and its crucial role in educational assessments. The mapping module was also introduced, highlighting stages of competency measurement and aligning graduate attributes with program-specific objectives. Hands-on training provided practical experience in assessing initial

and final competency attainment, along with demonstrations of Program-Specific Objectives (PSO) and graduate attribute mapping. Feedback collected from participants indicated the workshop's effectiveness, with scores improving from an average of 7 to 8.27 in the pretest and post-test evaluations.

At the end of the workshop, certificates were awarded to all attendees, acknowledging their participation and successful completion. Overall, the workshop provided valuable insights and practical experience, significantly contributing to the professional development of faculty and clinical staff.



# CME – HEADACHE – SYSTEMATIC APPROACH



Overview: A Continuing Medical Education (CME) program was held on August 7, 2024, at the Basement Auditorium. The event saw active participation from 150 attendees, comprising medical professionals across various specialties. The program was organized by Dr. Nallamuthu from the Department of Ophthalmology.

**Speakers and Topics:**

Dr. K.N. Viswanathan, Professor, Dept. of General Medicine  
Topic: "Overall View & When to Refer"

Dr. Bhagwati Wadwekar, Professor, Dept. of Ophthalmology  
Topic: "Discussion of Ocular Condition"

Dr. Poongkamali J., Assistant Professor, Dept. of ENT  
Topic: "ENT Causes of Headache"

Dr. M. Balachandran, Assistant Professor, Dept. of Neurology  
Topic: "Secondary Headache: Unknown to Known"



Chennai, Puducherry, India

# FREE BMD CAMP

The Department of Orthopaedics conducted a 'Free BMD Camp' event on Bone and Joint day on 05.08.2024 at SMVMCH, Puducherry. The event was inaugurated by our Medical Superintendent Dr. M. Pragash.

The 'Free BMD camp' was of much use to the general public and elderly people in creating awareness about the significance of osteopenia and osteoporosis and how early diagnosis can help in preventing pathological fractures and also educated about calcium rich diet to prevent osteoporosis. Bone mineral density camp was organized and conducted by our faculty Dr. M. Madhavan (Assistant Professor). Around 130 people, more than 40 years old and post-menopausal women, who visited OPD on that day were assessed using a BMD machine. We express our immense gratitude to everyone for making this camp a grand success!



On 06.08.2024, a health awareness talk on osteoporosis was given by Dr. Kishore (Senior Resident) at Thiruvennainallur RHTC among 60 patients. Pamphlets were distributed to create awareness about osteoporosis.



# PG CLINICS 2024

PG clinics 2024, organized by organizing committee, department of Dermatology, SMVMCH happened on August 8th and 9th 2024 at 1st floor study hall, college block, SMVMCH. There were around 96 entries, out of which 80 residents attended the program. On both days, the program started around 9.00 am and ended around 4.00 pm.

The primary focus was to enhance the knowledge of residents and revise significant aspects of clinical dermatology, with specific guidance on practical examination.

Faculties from various institutions led the sessions and covered all segments of final practical examination – long case, short case, spotters, topical and systemic drugs in dermatology, dermatopathology and instruments in dermatology.

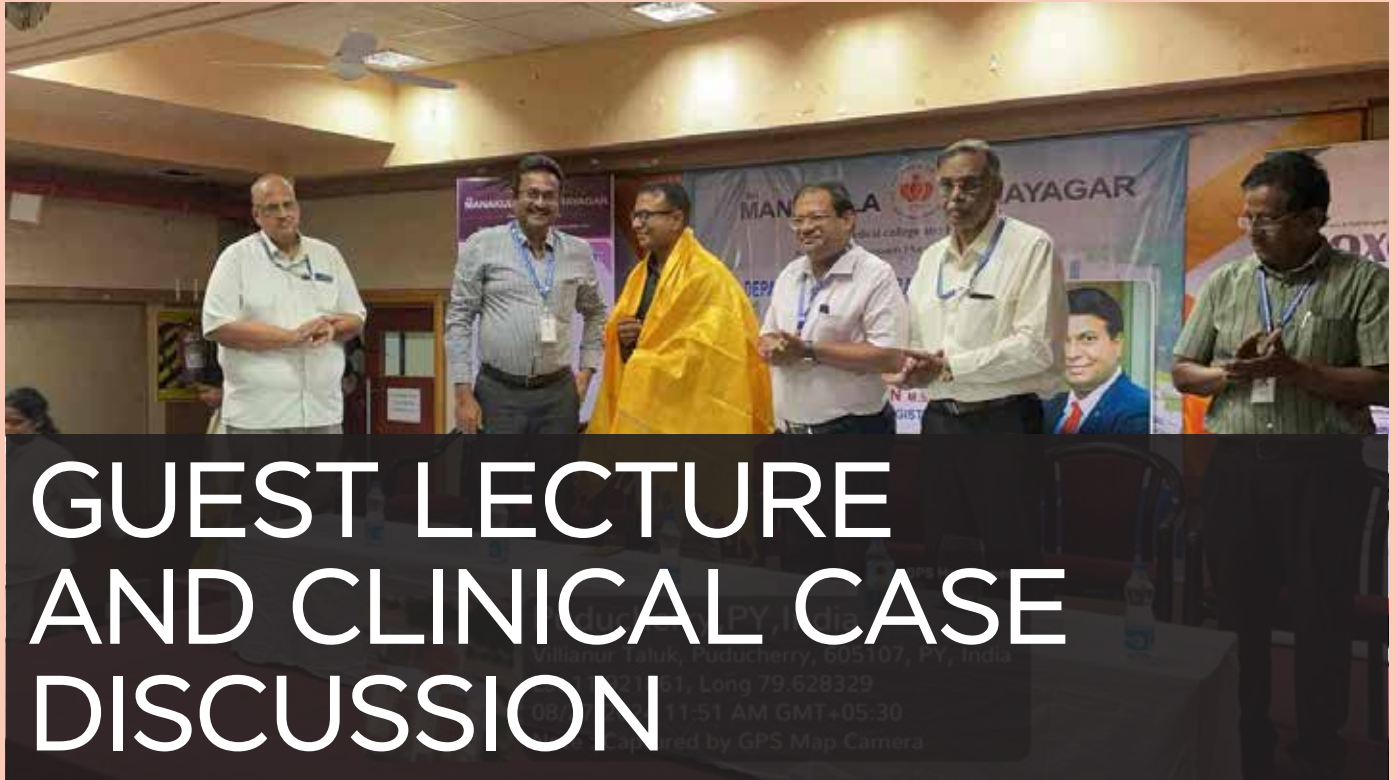
All the participants were awarded with TNMC credit points of 3 credit hours.

The program provided practical strategies and approaches, aiming to improve the

clinical acumen of the participants. The event was well-received, offering valuable insights that will aid in enhancing the residents' skills of diagnosing and management practices.



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# GUEST LECTURE AND CLINICAL CASE DISCUSSION

On August 27, 2024, the Basement Auditorium hosted a guest lecture on "Obstructive Jaundice," with participation from postgraduates and undergraduates. Postgraduate students presented on "Carcinoma of the Stomach," while undergraduates discussed cases involving a "Right Iliac Fossa (RIF) Mass." Dr. S. Babu welcomed attendees, and Dr. R. Rajamahendran, a Surgical Gastroenterologist, delivered a lecture on obstructive jaundice, focusing on diagnosis and management. The session included case discussions, Q&A, and was well-received, with feedback highlighting its clarity and relevance. Participants were awarded e-certificates.





# WORLD BREASTFEEDING WEEK 2024

As a part of World Breastfeeding Week 2024 celebrations, the Department of Pediatrics, SMVMCH, Pondicherry conducted the Breastfeeding week from 01-08-2024 to 08-08-2024.

During the World Breastfeeding Week (WBW) 2024 celebrations at SMVMCH, several key events took place:

Day 1 (01-08-2024): Dr. Prakash, Dr. Kagne, and Dr. Karthikeyan led the inauguration. Exhibits and posters highlighted breastfeeding benefits, reaching 250 women and their families.

Day 2 (02-08-2024): A community health talk in Thiruvannainallur addressed challenges faced by working mothers, including breastfeeding techniques and maternity leave, engaging 65 mothers.

Day 3 (03-08-2024): A postnatal counselling competition was held for postgraduates, enhancing communication skills, followed by a

breastfeeding-themed quiz for undergraduates.

Day 4 (04-08-2024): Health talks at SMVMCH emphasized breastfeeding myths, exclusive breastfeeding, and working mothers' needs.

Day 5 (05-08-2024): A quiz for antenatal mothers aimed at promoting good breastfeeding practices.

Day 6 (06-08-2024): Nursing students participated in a poster competition, focusing on the importance of community support in breastfeeding.

Day 7 (07-08-2024): A health talk for working mothers at Chennai Silks, Villupuram, explored breastfeeding challenges and solutions, with over 100 participants.

Day 8 (08-08-2024): The valedictory event featured a guest lecture by Dr. Thilagavathi and prize distribution, concluding the successful week of activities.

# MASTER CLASS ON LOW FLOW ANAESTHESIA



The Master Class on Low Flow Anaesthesia, held on September 14, 2024, at the Simulation Center, was a CME program organized by the Department of Anesthesiology. Nearly 70 delegates, including postgraduates and faculty from Tamil Nadu and Pondicherry, participated. The event covered key aspects of Low Flow Anaesthesia, including reduced anesthetic consumption and waste gas exposure. Detailed discussions and hands-on training focused on techniques for implementing low flow rates and optimizing patient outcomes. Led by experts Dr. Nagalakshmi P, Dr. Prasanna Bidkar, and Dr. Hemanth Kumar, the session offered a rich learning experience, enhancing participants' skills and knowledge.





# NATIONAL EYE DONATION FORTNIGHT CELEBRATION – 2024

From August 26 to September 8, 2024, an eye donation awareness campaign unfolded with remarkable impact. The event kicked off with an exhibition featuring around 40 posters created by medical and nursing students, judged by experts Dr. Kulharsh B. Jaiswal and Dr. P. Nallamuthu.

On August 29, a rally aimed at public awareness commenced at the college entrance, winding through local streets and concluding at the college gate. Faculty, staff, and students passionately raised slogans and distributed informative notices about eye donation.

Later that day, an awareness program at the Rural Health Training Centre featured Dr. Jayalakshmi, who delivered an insightful lecture on eye donation. The following day, Dr. Jaiswal conducted a guest lecture

attended by faculty and students, emphasizing the importance of eye donation.

On September 3, Dr. Sripal spoke at Thakshashila University, engaging nearly 100 Allied Health Science students. The campaign culminated with a symposium on September 6, led by five enthusiastic third-year medical students.

By the end of the fortnight, the campaign successfully encouraged 70 individuals to pledge their eyes, significantly advancing the cause of eye donation in the community.

# SCIENTIFIC SOCIETY EVENTS

JUL 2024



Case series: Endometrial Stromal Sarcoma – Masquerading as fibroid by Dr. Varsha. M Second year postgraduate Department of Obstetrics & Gynaecology



Case report: Intramyometrial cystic endosalpingiosis by Dr. Shagina Banu. G First year postgraduate Department of Obstetrics & Gynaecology



Case series: Hirayama Disease – MRI Spectrum by Dr. Aswinraj. S Second year postgraduate Department of Radiology

SEP 2024



Case series: on Varied Presentations of lymphangioma by Dr. Dosakayala Amarnadeswar Second year postgraduate Department of Radiology



Case report: Perianal Spindle cell neoplasm by Dr. Sujeeth Second year postgraduate Department of Radiology



Original article: Intravenous Tranexamic acid versus Misoprostol in reduction of blood loss during abdominal hysterectomy: A single blinded randomized control trial by Dr. Jedidiah J.F Second year postgraduate Department of