Sri MANAKULA VINAYAGAR

Medical College and Hospital

THE

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COMMUNITY

MEDICINE

News Letter

R.Murugan Artist,

www.smvmch.ac.in

Swachhata Hi Seva Abhiyan 2023

Cleanliness campaign as per Swachhata Hi Seva Abhiyan 2023 was conducted in the semmar colony, Thiruvennainallur village on 1.10.2023. The team consisted of Associate Professor Dr.M.Rajalakshmi, Post graduate Dr.Saranya.S,15 medical interns, ANM Mrs.Rajasekari, MSWs Mrs.Devasundari and Mrs.Jayanthi.Around 20 people residing in semmar colony also actively participated in the cleaning campaign which was conducted between 10 AM to 11AM

Breast cancer awareness program

Breast cancer awareness program at ayyur agaram from 10 to 11.30 am on 13 / 10/ 2023 was conducted.More than 45 members participated in program. Risk factors, symptoms, screening technique, treatment modalities and self breast examination were explained using charts and demonstrated. we asked one person to do self breast examination steps with model

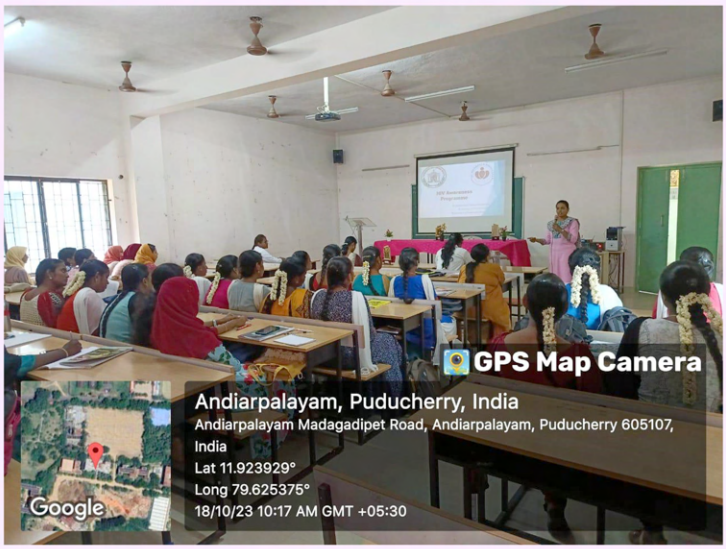
World Mental Health Day awareness program

On behalf of Department of Community Medicine, RHTC -Thiruvennainallur in collaboration with Department of Psychiatry, SMVMCH conducted World Mental Health Day awareness program at Gandhi Memorial Hr.Sec.School ,Thiruvennainallur on 20.10.2023. Around 400 students actively participated in the program. Welcome speech was given by School Head Master Mr.Kumar. Introduction was given by MSW Mrs.Jayanthi. Assistant Professor from Department of Psychiatry Dr.S.Perarul elaborated on various stress factors prevalent among adolescents & methods to overcome them and measures to be taken to maintain a good Mental health. Dr. Saranya .S, explained about the various adolescent health services available under the scheme 'Rashtriya Kishore Swastiya Karyakram' and importance of utilising those health services effectively to improve Mental and Physical wellness

HIV awareness Program

HIV awareness Program was conducted for B.Ed students of Venkateshwara College of education as a part of their Red Ribbon Club Activity on 18.10.2023. Around 50 students participated in the event. Introduction was given by MSW Mrs.Jayanthi. Dr.Saranya.S, elaborated about the definition, etiology, Modes of transmission , Clinical Features, Management and Prevention of HIV. Dr.Subalakshmi.S explained in detail about the National AIDS Control Program and role & functions of Pondicherry AIDS control society

(PACS) in control of the disease. Queries of the students- were answered at the end of the session



Pain and Palliative Care program

Pain and Palliative Care program was conducted at Puthiya Siragagul IAS Academy,Kappur, Villupuram Dist from 11 to 1.30 pm on 28/10/2023. More than 50 students participated in program of Pain and Palliative Care in which Introduction, Goals and Pillars, Management and Approach was explained through PPT presentation

Breast cancer awareness program

Breast cancer awareness program was conducted for self help women group at vellur village in periyasevalai on 27/10/2023.Introduction was given by MSW Mrs.Jayanthi.Prevalence, risk factors , clinical features , Diagnosis and treatment of breast cancer were explained by Medical interns. Importance and steps of Self Breast Examination and Prevention of Breast Cancer were elaborated by PG Dr.Saranya.S. The program concluded with demonstration of Self Breast examination by the participants and doubt clarification session

Breast Cancer Awareness Rally

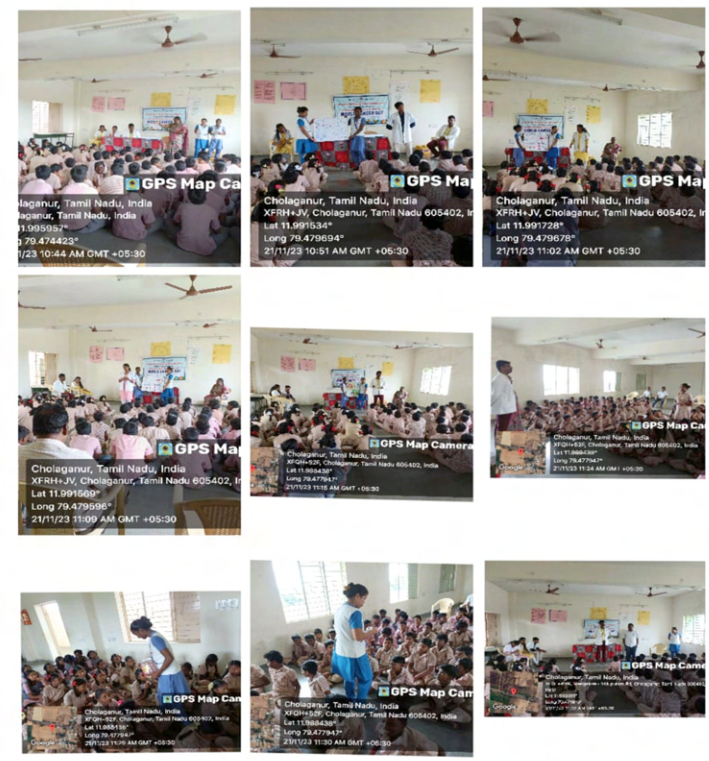
Breast Cancer Awareness Rally was organized from RHTC - SMVMCH , Thiruvennainallur was done on 7/11/2023 as a part of World Breast Cancer Awareness Month 2023 celebrations

World diabetes day programme

World diabetes day programme was conducted at NCD clinic - RHTC on 16.11.2023. Participants were given health education on diabetes self care practices - diet, physical activity and foot care. Videos on diabetes were played to the patients. Foot care activity was demonstrated and was examined to the patients.Diabtetic diet phamplets were distributed. 2 patients who had good glycemic control shard their experiences on diabetic control. Prizes were given to them and queries were clarified at the end

World Cancer month awareness program

World Cancer month awareness program was conducted at Govt High School, Poothamedu, Villupuram Dist. From 10 to 11.30 pm on 21/11/2023. More than 110 students participated in program of cancer awareness program Most prevalent cancers, Symptoms, Warning signs, prevention,Self screening, Treatment options was explained using charts



World antimicrobial resistance awareness Program

World antimicrobial resistance awareness Program was conducted for medical interns on 20.11.2023 at Rural . health training center , Thiruvennainallur. The budding doctors were sensitised about the importance of rationale use of antibiotics , Preventing development of superbugs and various approaches to prevent the Antimicrobial resistance (AMR) by the RHTC center incharge Dr.Aswathy Raveendran. Dr. Saranya.S (PG) elaborated about the concept of One health and its role in the control of AMR. At the end of the session , Quiz was conducted for the participants and certificates were distributed

On 20.11.2023 ,wheel chair was provided to one of our palliative patients with left below knee amputation, due to effort and support from our head of the department Dr.Prem Anandh sir and RHTC incharge Dr.Aswathy Raveendran mam

World diabetes day programme

World diabetic day awareness program was conducted for public people on 23.11.2023 at kizhuperbakkam PHC.More than 60 members participated in program . Awareness about Diabetic health education, Risk factors, symptoms, diabetic diet, screening, treatment and foot care were given. Foot care steps were demonstrated. Diabetic diet pamphlets were distributed. Queries were clarified in the end. Refreshments were provided

World diabetic day awareness programme

World diabetic day awareness programme was conducted in Kala pickle company at villupuram on 30 - 11-2023.More than 20 members participated in programme.awarness about diabetic health education,risk factors, symptoms,diabetic diet , screening, treatment were given. and CBG ,BP, Height ,weight,hip and waist ratio were assessed.diabetic diet pampletes were distributed

ICMR – Vector Control Research Centre

ICMR – Vector Control Research Centre has organised a Dengue Source reduction at Sri Manakula Vinayagar Medical College & Hospital Campus on 28/11/2023
The entire SMVMCH campus was divided into 7 zones and the participants were divided accordingly; each team consisted of 6 to 7 persons along with Public Health Entomology students from VCRC. Each team was given an Aedes Immature Survey Proforma to document any breeding sources identified during their survey. At the end of session, we identified breeding sources, a few of which were positive for larvae and pupae. Immediate actions such as inversion, discarding, or covering them with lids were taken as appropriate. The completed proformas were submitted to VCRC staff at the end of session

Source reduction activity

As a part of NSS activity, Student Council members actively participated in tree saplings plantation program to aid in climate change action plan

As a part of NSS activity, Student Council members actively participated in Yoga . As a part of stress management and to improve mental health, impart healthy life

International day for disabled person 2023

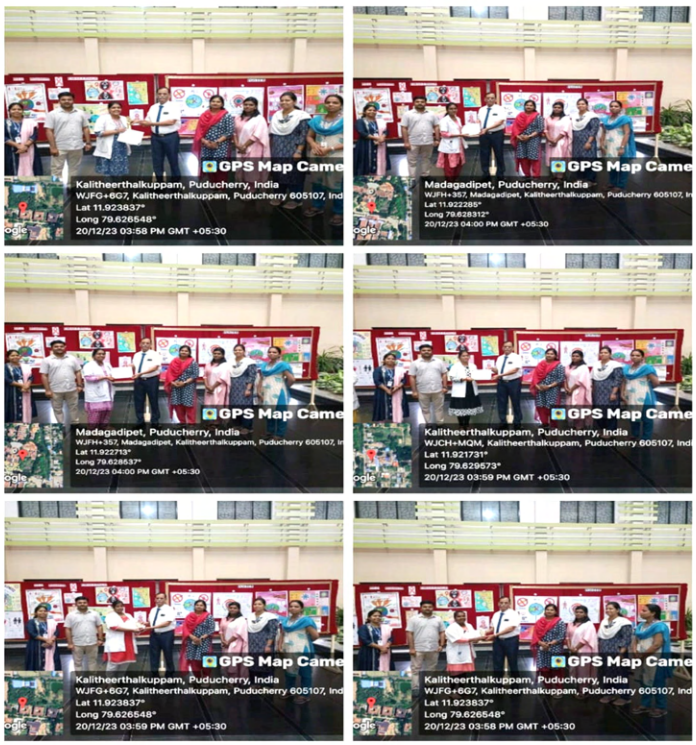
a special camp for spinal injury patients to commemorate “International day for disabled person 2023 " was conducted on 12-12-2023 at Rural health training centre, Thiruvennainallur .Around 25 patients got benefited from the camp. General medical check up along with Anemia, Systemic hypertension, Diabetes Mellitus and Renal function screening were also done. General physician, Surgeon, Orthopedician and Physiotherapist consultations were provided. Those patients who required radiodiagnosis were offered X-rays and ultrasound free of cost. Health Counseling was given to all the patients to promote positive physical and mental health

Clean water and sanitation

A guest lecture on 'Clean water and sanitation' was given to faculties of Department of Computer Science Engineering and MBA students (40) in Manakula Vinayagar Institute of Technology on 18.12.2023 from 3 - 4 pm by Dr Subalakshmi (SR)

World AIDS day celebration

World AIDS day celebration poster and IEC competition was conducted for undergraduates and interns on 19-12-2023.more than 45 students were participated in competition.Today prize was distributed by our honorable Director sir



AIDS awareness programme at Women's Engineering college

AIDS awareness programme at Women's Engineering college on 20.12.2023. Participants were given health education on AIDS, STI, Nutrition and Menstrual hygiene. Disposal of sanitary napkins and steps of hand washing were demonstrated to the participants. Around 230 students actively participated in the session. Queries were clarified at the en

AIDS/HIV awareness program

AIDS/HIV awareness program was conducted at Anne Therasa Community College on 22.12.23. The foreword was given by Mrs. Devasundari (MSW). The introduction was given by dr shyamsunder and sign & symptoms, transmission, prevalence were eloborated by dr shariika, NACO was eloborated by dr sivasounder & dr sivabalan , AIDS/ HIV counselling ICTC all were explained by dr sivasounder. Pledge was taken at the end of the session & there after snacks (biscuits) were provided to all participants. The session was concluded at 12.30 pm

Research Methodology workshop

Research Methodology workshop was conducted for DNB postgraduate students from Cuddalore GH at seminar hall, Dept of Community Medicine-SMVMCH on 21-12-23 by faculties Dr.Premanandh (HOD), Dr.Rajalakshmi (Associate Professor), Dr.Subalakshmi (Senior Resident) and PGs Dr.Sowbarnika Vaishnavi, Dr.Arthi, Dr.Priyanga and Dr.Saranya.A total of 7 DNB PG students participated in the workshop. Introduction to research, writing research objectives, literature search & Review of Literature,Study designs, sampling techniques, sample size calculation, data collection procedures, reference citation and Ethical clearance were elaborated. The programme concluded with query clarifying and Valedictory function

Rangoli Competition

Rangoli Competition was held for healthcare workers at Rural Health and Training Center, Tiruvennainalur on 27.12.23 Wednesday, based on this year's theme "Let communities lead". 14 members participated in the competition. First Prize was awarded to Mrs.Tamilmozhi, staff nurse, RHTC, Tiruvennainalur. Second Prize was awarded to Ms.Ramya, ANM Trainee student. All participants received participation certificates

HIV and STD awarness program

HIV and STD awarness program was conducted for MIT engineering college students on 27-12-2023 at MIT auditorium. Around 120 students actively participated in the session. Participants were given health education on HIV and STD under following headings: Introduction and statistics on HIV status, high risk group, symptoms and signs, various modes of transmission, prevention and treatment of HIV and Government facilities regarding HIV testing were elaborated insisting mainly regarding the stigma and how to stop it. Queries were clarified at the end of session. Finally the students were made to have a look on to few of the displayed HIV related posters

A guest lecture on Awareness on HIV was given to first year nursing students at Sri Manakula Vinayagar Nursing College on 21.12.23 by Dr.Subalakshmi.S (SR)

Faculties and Postgraduates attending webinar on Data analysis using Jamovi software on 29/12/2023 at PG Seminar hall, Department of Community Medicine,SMVMCH

Photo Point

Thanks