



QUARTERLY NEWSLETTER

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WORLD BREASTFEEDING CELEBRATION 2021

Department of Paediatrics, SMVMCH enthusiastically celebrated World Breastfeeding Week (WBW) 2021 with a series of engaging offline events, ensuring adherence to safety measures.

EVENT 1:

The festivities commenced with the inauguration of a Breastfeeding Awareness Exhibition by the Institute's Director. Displaying posters in Tamil depicting various breastfeeding positions, benefits of breast milk and hazards of bottle-feeding, the event attracted 50-60 postnatal and nursing mothers. Pamphlets in the local language were distributed, followed by a health awareness talk in the hospital outpatient block, attended by approximately 50 mothers, grandmothers and men.

EVENT 2:

Postgraduates from the departments of Paediatrics, OBG and Community Medicine participated in a Poster Presentation Competition themed "Protect Breastfeeding – A Shared Responsibility." Around 15 participants engaged in this event. Additionally, staff nurses competed in a poster presentation on "Factors Boosting Breastfeeding Milk Output," with approximately 20 participants.



Unnamed Road, Kalitheerthalkuppam, Puducherry 605108, India
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EVENT 3:

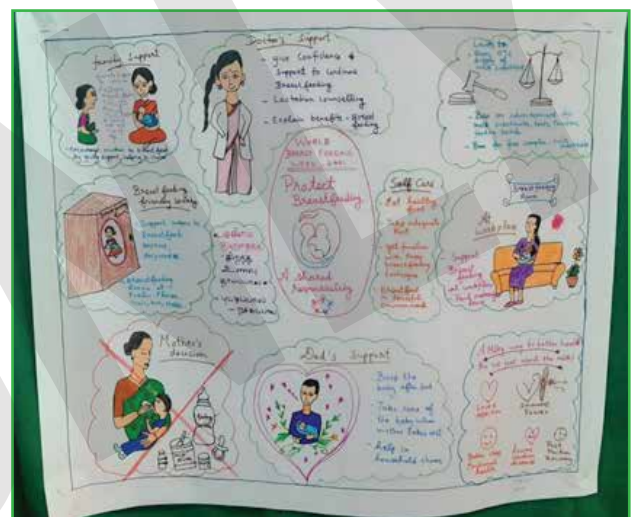
A Breastfeeding Awareness Talk targeted pregnant women at the Thirubuvanai Primary Health Centre in Puducherry. Posters detailing the hazards of bottle feeding and benefits of breastfeeding were explained. A MCQ competition was conducted with Yes or No answers, involved attendees including men, grandmothers, staff nurses, interns and other healthcare workers.

**EVENT 4:**

A Breastfeeding Awareness Camp reached pregnant and nursing mothers in Valavanur village. Presided over by Mrs. J. Deepa, Women Inspector of Valavanur police station and Dr. Priyadharshini, Block Medical Officer of Valavanur Taluk, the event featured a health talk by Dr. A. Arul Kumaran. Hazards of bottle feeding and dangers of breastmilk substitutes were emphasized with an interactive session and MCQ competition. Handouts in the local language and healthy snacks were provided.

**EVENT 5:**

A Breastfeeding Quiz Competition was conducted for undergraduate students from the VI and VIII semesters. Totally, 30 teams participated in the preliminary round, with six advancing to the final round held in the hospital auditorium on August 6, 2021. Winners received prize shields, witnessed by 150 enthusiastic undergraduate students.



EVENT 6:

A health talk on breastfeeding and an MCQ competition targeted admitted antenatal and postnatal mothers in the hospital. Topics included care during pregnancy, breast examination, diet during lactation and family support for breastfeeding. The event attracted not only mothers but also grandmothers and mother-in-laws.



BLS - CPR WORKSHOP

17th to 18th August 2021

The Department of Anaesthesiology successfully conducted an orientation workshop for the new batch of CRRI with a specific focus on BLS-CPR. The workshop took place on 17th and 18th August, 2021 in the forenoon from 9:00 AM to 12:00 PM.

The facilitators for each batch included experienced faculty members and dedicated postgraduates from Emergency Medicine. The comprehensive training covered essential skills under the guidance of prominent figures such as Dr. Suresh Kumar, Dr. Guru Avinash, Dr. Dilip Chandar, Dr. Vigneswaran, Dr. Balasubramanian, Dr. Shreevatschavan, Dr. Dinesh Babu and Dr. Srinivasan.

The successful completion of the event marks a significant milestone in the education and training of the new CRRI batch.

(GUEST LECTURE - WEBINAR)

MUST KNOW IN NEURO OPHTHALMOLOGY – AN OVERVIEW

A guest lecture was conducted by the Department of Ophthalmology, SMVMCH on 17-07-2021. A lecture was delivered by Dr. U. Vijaya Shanmugam, MS., DNB., MNAMS.,FRCS (GLASGOW), Professor of Ophthalmology, Madurai Medical College. The faculties, post graduates attended the lecture. Welcome address was given by Professor Dr. P. Nallamuthu, Department of Ophthalmology. Vote of thanks was offered by Dr. Renugadevi, Assistant Professor, Department of Ophthalmology.



WORLD POPULATION DAY

CREATIVE CONCEPT COMPETITION

The Department of Physiology at SMVMCH organized a dynamic event, the "World Population Day - Creative Concept Competition," on July 11, 2021. This engaging conference took place at the Department of Physiology within the SMVMCH premises. The primary participants were the enthusiastic I MBBS students, totaling 39 in number.

Distinguished resource persons from the Department of Physiology, including Dr. Shivayogappa S Teli, Dr. Soundariya, Dr. Deepika, Ms. Senthamil Selvi and Dr. Mangani Mangalavalli, facilitated the event. Their expertise added depth to the creative concept competition, providing valuable insights to the participating students. The conference successfully brought together a vibrant exchange of ideas and perspectives on World Population Day, contributing to the academic and intellectual enrichment of the I MBBS students at SMVMCH.

NATIONAL WORKSHOP ON DIGITAL TOOLS IN TEACHING

The Department of Physiology at SMVMCH conducted a significant event, the "National Workshop on Digital Tools in Teaching," on September 1, 2021. This workshop, held at the Department of Physiology within the SMVMCH premises, attracted both faculty members and postgraduate students, totaling 64 delegates. The focal point of the workshop was to explore the effective integration of digital tools in the teaching process.



The workshop featured Mrs. K. Senthamil Selvi, Assistant Professor in the Department of Physiology at SMVMCH, as the resource person. Her expertise and insights enriched the workshop, providing valuable perspectives on leveraging digital tools for teaching purposes. The event served as a platform for the exchange of knowledge and ideas, fostering advancements in teaching methodologies. The successful completion of the National Workshop highlighted the commitment of SMVMCH to staying abreast of contemporary educational tools and techniques.

WEBINAR SERIES ON STRESS MANAGEMENT

The Department of Psychiatry & Medical Education Unit hosted its inaugural webinar in the "Stress Management" by Dr. Vikas Menon, Additional Professor in the Department of Psychiatry at JIPMER, Puducherry. The webinar focused on "Preserving Mental Health of Medical Students Amidst COVID-19 Pandemic."



The event held on July 9, 2021 from 9 am to 11 am, addressed the critical issue of managing stress during the pandemic. This successful webinar showcased the department's commitment to prioritizing the mental well-being of medical students, offering expert insights into navigating challenges posed by the ongoing COVID-19 crisis.

SUICIDE PREVENTION DAY

The Departments of Psychiatry and Mental Health Nursing extended a warm invitation to the commemoration of Suicide Prevention Day themed "Creating Hope Through Action." The distinguished speaker, Dr. A. John Dinesh, Professor & Head of the Psychiatry Department at AVMC&H, Puducherry, shared insights. The event took place at the Hospital Basement Auditorium on September 28, 2021, from 9:30 am to 12:30 pm. This occasion marked a significant effort to raise awareness and foster hope in suicide prevention. The successful event showcased the commitment of these departments to addressing critical mental health issues and promoting a supportive community.



CRRT: A HANDS ON EXPOSURE



The CRRT workshop comprehensively covered fundamental principles, indications and modalities with a focus on ICU applications. Attendees, including PG students, staff, dialysis technicians and nurses benefited from live demonstrations and troubleshooting insights.

Presentations included the latest papers on CRRT and the OMAKI trials, offering a global perspective. Speakers included Mr. AADHAV from BAXTER and Dr. Ravi Kumar, HOD of Nephrology at SMVMCH.

The event occurred on September 8, 2021, from 10 am to 4 pm at the 4th-floor conference hall in the hospital block, providing valuable insights into Continuous Renal Replacement Therapy.

MEU EVENTS



A 2-day Intern Orientation Program was organized for the students' of 2016 batch on 29.07.2021 and 30.07.2021. The program was organized in Hybrid mode, with some students attended in the offline mode and the rest of students attended the program in online mode. The inhouse faculty were the resource persons. The sessions were interactive in nature. Around 93 interns got benefited from the workshop.



A 2-day skill training workshops were organized for the Interns on 17.08.2021 and 18.08.2021. The interns were trained in batches in Basic Medical skills, Basic Surgical skills, Communication skills and Resuscitation skills. Skill lab of the institute was effectively utilized for the training program. The students were demonstrated for Fire Safety along with the skills training. The students had an intensive hands-on training for all the skills and participated with enthusiasm.