

Sri
MANAKULA



Medical College and Hospital

Accredited by NAAC with A+ Grade, Accredited by NABH and NABL
KALITHEERTHALKUPPAM, PUDUCHERRY - 605 107.

Institution's Innovation Council

IIC Self Driven Activity

Title: Atria Arcana - Hypertension Quiz

Date: 13.05.2025 and 14.5.2025

Organizing Secretary: Dr.P.Sanjay, Dean Research,
IIC – Convener



IIC -Student Coordinator: Deepak V

Venue: Lecture Hall 5

Objectives:

- Raise awareness about hypertension in connection with World Hypertension Day.
- Enhance understanding of the cardiovascular and respiratory systems among medical students.
- Encourage academic engagement through a fun, competitive quiz format.
- Promote interdisciplinary thinking by integrating physiology with clinical relevance.
- Foster teamwork and peer learning through collaborative participation in quiz rounds.

Participants Details:

All 250 Phase 1 MBBS students participated in the preliminary round. The top 8 teams were selected based on their performance. After an elimination round, the final 4 teams advanced to the finals.

Programme Overview:

The quiz competition “**Atria Arcana**” was organized by the Department of Physiology to commemorate **World Hypertension Day** and create awareness about the importance of cardiovascular health. The event focused on the cardiovascular and

respiratory systems, integrating academic knowledge with clinical relevance. It was conducted in two phases — prelims and finals. All 250 Phase 1 MBBS students took part in the prelims, from which the top 8 teams were selected. After an elimination round, the best 4 teams progressed to the finals. The quiz featured visual-based, case-based, and rapid-fire rounds, making it interactive and informative not only for the participants but also for the audience. The event encouraged teamwork, active learning, and peer engagement. The winners and runners-up were felicitated by the management, adding a note of celebration and appreciation to the academic event.

Outcomes:

- Enhanced awareness about hypertension and its clinical implications among first-year MBBS students.
- Strengthened understanding of cardiovascular and respiratory systems through active participation and observation.
- Improved student engagement via interactive learning methods beyond traditional classroom teaching.
- Fostered teamwork and healthy competition, encouraging collaboration and critical thinking among peers.

Way Forward:

Moving forward, the Institute Innovation Council will continue to conduct various IIC Self Driven activities aimed to promote student knowledge, academic excellence, and teamwork and peer learning. IIC will conduct regular contests and sessions to analyze the academic activities of the students and take it step further to convert as ideas and innovations.





GPS Map Camera



Madagadipet, Puducherry, India

Wjfh+357, Kalitheerthalkuppam, Madagadipet, Puducherry
605107, India

Lat 11.922962° Long 79.628633°

14/05/2025 10:29 AM GMT +05:30

Regarding

WORLD HYPERTENSION DAY

Department of Physiology collaborates with the Student Council
and the Quiz Club

Cardiovascular X Respiratory System
QUIZ

ATRIA ARCANA

Date:

prelims- May 13th 2025

Finals- May 14th 2025

Venue: Lecture Hall 5

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